

Syracuse University Friday, November 12th, 2010

Sponsored by The Slutzker Center for International Services NOVEMBER 12 - 19, 2010
For more Info contact: Dr. Elane Granger - 315-443-2457 - elcarrase syr.edu

FRIDAY	MONDAY	TUESDAY	WEDNESDAY		
WHAT: International Center of Syracuse Citizens Awards Dinner WHERE: Great Room, Gordon Student Center, Onondaga Community College WHEN: 6 p.m.	WHAT: Orange Dialogue for Peace: Debriefing and Dinner for 2010 participants WHERE: The Inn Complete @ South Campus WHEN: 5 p.m 8 p.m.	WHAT: "The Impact of the West Bank Barrier on Peace Building" by Christine Leuenberger Comell University WHERE: Eggers Hall, The Moynihan Institute Rm 341 WHEN: 3 p.m.	WHAT: International Music Festival & Reception WHERE: Hendricks Chapel & the Nobel Room WHEN: 6:30 p.m.	WHAT: Paper Dolls: An LGBT Film and Discussion (Reception follows) WHERE: Newhouse 3 Rm I 40 WHEN: 5 p.m 7 p.m.	WHAT: An Inside Look a North Korea: A Catalan Televisio Documentary WHERE: Newhouse 3 Rm 141 WHEN: 5 p.m 7p.m.



International Thanksgiving Celebration



Date: Sunday, November 21, 2010 Time: Doors open at 4:00 p.m. Dinner starts at 4:30 p.m.

Location: Schine Student Center-Goldstein Auditorium



a Traditional U.S. Thanksgiving Meal on Sunday, November 21, 2010 For over 30 years, Syracuse University has hosted a traditional Thanksgiving meal for international students and their immediate family members on the Sunday before Thanksgiving. A reply form which will allow you to obtain a **FREE TICKET** is attached to this newsletter. Although the event is open to all international students, only 400 seats are

available. Distribution of tickets have started from Monday, November 8th to NEW FIRST YEAR and TRANSFER STUDENTS. Distribution of tickets to any other undergraduate students has started from Tuesday, November 9th. Distribution of the remaining tickets to all other students, new and returning has started from November 10th. It has been our experience that these tickets go very quickly. If you would like to share this wonderful experience with fellow students and the hosts who will join us, please read and fill out the attached reply form and follow the steps which are outlined. A new feature this year will highlight other global celebrations of family and friendship. A great time will be had by all!

The International Thanksgiving Celebration is an event that includes a traditional American Thanksgiving meal. Kosher turkey and Halal meat will be available upon your request; the menu includes vegetarian dishes with root vegetables. The Thanksgiving Celebration Reply Form is **not** a ticket; a Schine Box Office ticket must be obtained beginning Nov 9 and presented at the Thanksgiving Celebration in order to gain entrance to the event.



Thanksgiving Celebration Reply Form

Please complete the <u>reply form</u>, print it, and bring it along with your SU/ESF ID Card to the Schine Box Office to exchange for tickets to the 2010 International Thanksgiving Celebration. (A box office ticket is required for attendance.) Each person attending (including children) must have a ticket. Children must sit with a parent.

Free parking will be available on November 21 in the University Waverly Lot at the corner of Waverly and South Crouse Avenues or the Marion Lot located on Waverly Avenue.

- Effective November 23, 2010 USCIS will increase the OPT application fee from \$340 to \$380.
- On November 24th there will be no classes (university offices are open)
 In observance of Thanksgiving Holiday there will be no classes and the university offices will be closed on November 25 and 26.

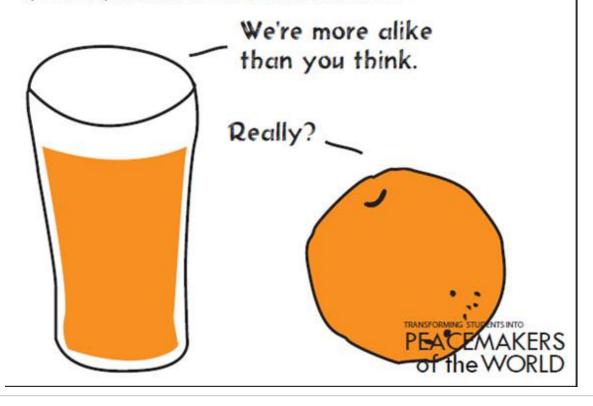
Orange Dialogue for Peace

Orange Dialogue for Peace:

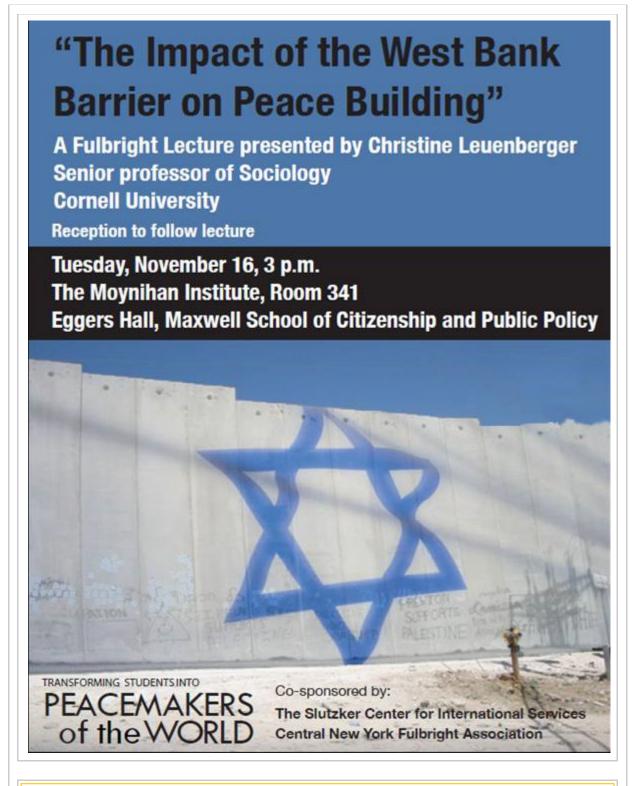
Debriefing & Dinner (for 2010 participants)

Monday, November 15 5 p.m. - 8 p.m. The Inn Complete @ South Campus

Sponsored by The Slutzker Center for International Services



Orange Dialogue for Peace



International Music Festival

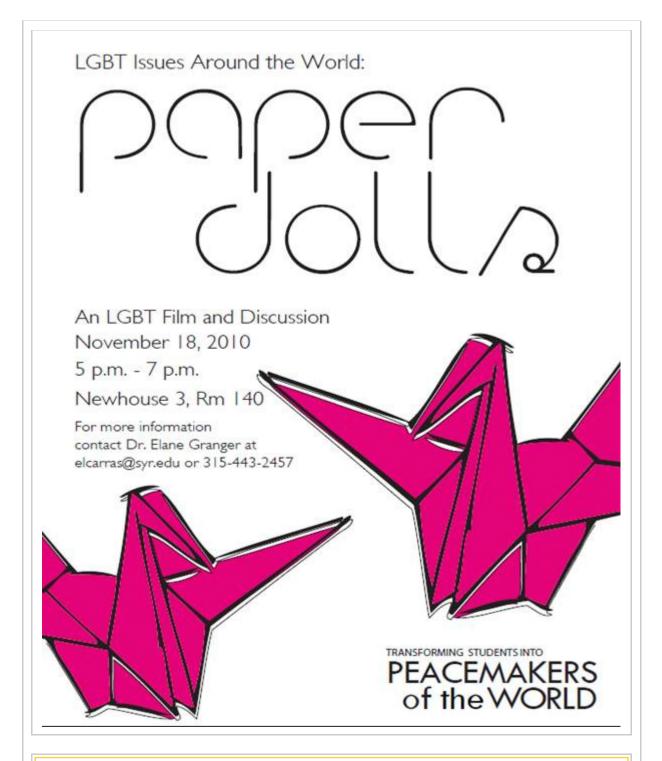
International Co-Sponsored by Please contact Elane Granger at elcarras@syr.edu for more information

The Lillian and Emmanuel Slutzker Center for International Services

SUNY-Environmental Science and Forestry CNY Fulbright Association Whitman Graduate Student Association Asian Students In America

medley LGBT Resource Center Recreation Services Division of Student Affairs Chinese Students and Scholars Association (CSSA) Indian Student Association

Annual Thanksgiving Dinner Drive



Annual Thanksgiving Dinner Drive



THE SLUTZKER CENTER FOR INTERNATIONAL SERVICES, SYRACUSE INIVERSITY INTERNATIONAL EDUCATION WEEK SCREENING

An Inside Look at North Korea



... a Catalan Television Documentary, Afers Exteriors, in Pyongyang

Event Hosted by the Executive Producer

Miquel Calcada I Olivella

Executive Masters Public Affairs, Maxwell School of Citizenship & Public Policy

Friday, November 19 Newhouse III Rm 141 5 p.m. - 7 p.m.

> TRANSFORMING STUDNETS INTO PEACEMAKERS of the WORLD

Annual Thanksgiving Dinner Drive



From Hendricks Chapel

This November, the Office of Engagement Programs in Hendricks will be organizing our annual Thanksgiving Dinner Drive to help provide important Thanksgiving ingredients for those in the community who may struggle to afford them.

We are asking for items that make sense in the context of Thanksgiving, which includes but is not limited to-

gift cards from local grocery store for a turkey boxes of prepared stuffing cans of vegetable broth boxes of Bisquick cans of cranberry sauce cans of yams cans of corn or green beans bags of fresh apples

bags of potatoes

We will be accepting donations in our office (in the lower level of the Chapel) and there will be a donation box in the Noble Room of the Chapel around the corner from People's Place. Feel free to come by the office or drop items off in the box, although we suggest that you do not leave money or gift cards in the box.

Finally, after two weeks of collecting items, we will be having a PACKAGING PARTY in the Noble Room on Wednesday, November 17 from 12pm to 3pm. We will have pizza and music and be putting together boxes of items for individual families. We will also make cards for families! This will take place all afternoon, so feel free to stop in between classes or meetings and see how it's going, you can come and go as your

schedule permits (we know you are busy!).

If you or your organization would like more information on how to help out, please contact Erica Monnin at engagesu@syr.edu.edu

Thanksgiving Break Buses



SU Student Association to Provide Thanksgiving Break Buses

Contact: Dan Scorpio or Mika Posecion at syrsabus@gmail.com

This semester, the Syracuse University Student Association will be providing round-trip buses for Thanksgiving Break. Buses will serve four major Northeastern cities: New York City, Philadelphia, Boston and Washington, D.C. The price of this round-trip service is \$99.

Students will be departing Schine Student Center at SU on **Tuesday, November 23, 2010 at 5:00 pm**, and departing the designated locations on **Sunday, November 28, 2010 at 10:00 am** to return to campus. Each bus has a maximum capacity of 56 passengers. Tickets will be sold on a first-come, first-served basis.

Designated locations are the major transportation destinations of each city:

New York City: Port Authority, 625 8th Ave., **Philadelphia**: Greyhound Terminal, 1001 Filbert St.

Boston: South Station, 700 Atlantic Ave.

Washington, D.C.: Union Station, 50 Massachusetts Ave. NE Tickets go on sale Thursday, August 26, at the Schine Box Office

Whitman International Week 2010



International Week is an annual multicultural event developed to bring together the SU community in celebration of the cultural diversity present in the graduate and undergraduate student body at the Whitman School. Co-sponsored by the Kiebach Center and the Whitman MBA Student Association, the event is free to the public and is held around the Syracuse University campus. Students can showcase their heritage by representing their home countries in native cuisine, ethnic dance and music, and international talents such as calligraphy, henna art, and origami.

Events include:

Nov 15: Monday- Opening Ceremony

Nov 16 :Tuesday- TLNT 101 (Talent Competition)

Nov 17 :Wednesday-Whitman International cup (Sport event b/w American

and Intl teams)

Nov 18 :Thursday- Around the world in 80 minutes (Student

Association presentations and games)

Nov 19 : Friday- Flavors of the world (Food Festival)

Website: http://whitman.syr.edu/Centers/Kiebach/programs.asp

International Student Support Group every Thursday @3:00pm at the Slutzker Center



What is a support group?

Being an international student is both an exciting and at times a challenging experience. A support group provides a venue to meet other international students who can share and relate to your experiences and concerns; you can receive both support and feedback on how to adjust to the local environment, cope with the difficulties, and achieve academic progress and personal growth through the semester. The group will be facilitated by Jacquie Ye and Susan Levy,

What do I talk about when I am in group?

International students who join these groups usually talk about their own unique reasons for coming to group. Students typically share about difficulties they experience in adjusting to the university culture, strategize together, and brainstorm about effective ways to cope, maintain a healthy balance, and improve one's quality of life.

Some common topics that past groups have covered include:

- o Experiencing academic and research stressors
- Issues with negotiation with professors/supervisors,
- o Homesickness, loneliness, coping with long-distance relationship
- Language and communication barriers
- o Making friends or dating someone from a different culture
- US cultural adjustment and shock, etc.

Who are the facilitators?

The facilitators are Jacquie Ye and Susan Levy, counselors at the SU Counseling Center. Jacquie was born in China and Susan in South Africa. Having been international students themselves, they are enthusiastic about working with and providing support for other international students.

English will be the language that will be used. Any personal information shared in the group is confidential.

Please sign up at the Slutzker Center front desk. Space is limited.

If you are curious, have questions or are downright interested, please feel free to contact Jacquie Ye at https://doi.org/10.1007/journal.org/<a> and Susan Levy at sulevy@syr.edu.

Engineering for the Developing World: From Crisis to Development

After the earthquake in Haiti, many worldwide understood—many for the first time—the challenges posed by the inadequate infrastructure in the country. As international efforts continue to consider the "how" of reconstructing Haiti, Dr. Amadei will speak of what EWB and others with similar skills and talents can bring to bear on these challenges.



Bernard Amadei has focused on transforming the field of engineering by revamping traditional models and establishing professional standards to integrate the field of engineering more closely with pressing global issues and needs, such as redevelopment efforts in earthquake-devastated Haiti. He is the founding president of Engineers Without Borders-USA and co-founder of the Engineers Without Borders international network. Amadei directs the Mortenson Center in Engineering for Developing Communities, and leads its overall mission to educate globally responsible engineering students and professionals who can offer sustainable and appropriate solutions to the endemic problems faced by developing communities worldwide. Amadei's goal is to promote sustainable development, appropriate technology, service learning, and system thinking in the curriculum and research of civil and environmental engineering programs at U.S. universities. Among other distinctions, Amadei is the 2007 co-recipient of the Heinz Award for the Environment, the recipient of the 2008 ENR Award of Excellence, and an elected member of the U.S. National Academy of Engineering. He was elected an Ashoka-Knight Fellow in 2010. Amadei is currently at work on a book entitled "Engineering With Soul." The lecture is co-sponsored by the L.C. Smith College of Engineering and Computer Science and the SU Humanities Center.

Engineering for the Developing World: From Crisis to Development CO-FOUNDER OF ENGINEERS WITHOUT BORDERS

November 16, 2010 7:30 pm, Hendricks Chapel

Free and open to the public

Graduate Student News

November 15 and 16- Graduate Student Symposium, "Challenges of Globalization: Theories and Practices" ~ Monday, 4-6 PM, Maxwell Auditorium & Tuesday, 9 AM-5 PM, Eggers 060

Nov 16– The University Lectures: Bernard Amadei, "Engineering for the Developing World: From Crisis to Development" ~ Tuesday, 7:30 PM, Hendricks Chapel

Dec 3- "Passionate Practices: Public Scholarship and Graduate Education" ~ Friday,

12-1:30, HL 202

Dec 8– Graduate Teaching Mentor info session Wednesday, 9:30-10:30 AM, Bowne 218

Deadlines

- Spring semester registration begins Wednesday, Nov 10th
- Open Enrollment deadline: Friday, Nov 12th
- All graduate students must register before Dec 17th
- withdrawal deadline: Friday, Nov 19th
 final Grades Due. Tuesday Dec 28th

Click here for the PDF of the full newsletter

from the office of enrollment management

All about graduating! http://www.syr.edu/gradschool/em/current_whatyouneed.html

Steps for your final semester and procedures of defending a thesis or dissertation: http://www.syr.edu/gradschool/em/pdfs/Steps.pdf

Thesis Format Guidelines:

http://www.syr.edu/gradschool/em/pdfs/FormatGuidelines.pdf Graduation Deadlines:

http://www.syr.edu/gradschool/em/ pdf/GraduationDeadlines.pdf

Pulse presents "Lar Lubovitch Dance Company"

Pulse presents "Lar Lubovitch Dance Company", Thursday, Nov. 11 at 8 p.m., Goldstein Auditorium. Schine



Founded by versatile and acclaimed choreographer Lar Lubovitch in 1968, the Lar Lubovitch Dance Company is one of the world's foremost modern dance troupes. Based in New York City, the company has performed extensively across the nation, in more than 30 foreign countries and has been seen by millions on television.

The company exists to create and perform new works by Lubovitch and to teach people of all ages, ethnicities and socioeconomic backgrounds in order to increase awareness and

appreciation of dance. The troupe is also committed to collaboration and service to the dance community.

Lubovitch's dances are renowned for their musicality, rhapsodic style and sophisticated formal structures. His radiant, highly technical choreography and deeply humanistic voice have been acclaimed throughout the world.

In recognition of its work, the Lar Lubovitch Dance Company has received numerous awards and grants from the National Endowment for the Arts, the New York State Council on the Arts and from foundations, including the Lila Wallace-Reader's Digest Fund.

Tickets available at Schine Box Office (315-443-4517) and are: \$5 students with SUID, \$16 faculty/staff/alumni/pulse partners, \$20 general public. If interested in purchasing a group of 10 or more tickets, a discount will be provided. Please contact Sarah Ross at saross01@syr.edu or Courtney Jones at cejone02@syr.edu for information on the discount.

United States Air Force Airmen of Note

Monday, Nov. 15 at 8 p.m.

Free performance; tickets required

Paid parking available in Booth and University Avenue garages for \$4



The premier jazz ensemble of the U.S. Air Force, the Airmen of Note was created in 1950 to carry on the tradition of Major Glenn Miller's Army Air Corps dance band. Today, the group features 18 of the most talented jazz musicians in the country and is one of the last touring big bands, earning an international reputation as one of the finest and most versatile big bands of its kind.

Through the years, the Airmen of Note has presented its exciting brand of big band jazz to audiences throughout the

United States, in dozens of countries in Europe and Asia, as well as back home in the Washington, D.C., area. The band has collaborated on recordings and performances with such jazz luminaries as Dizzy Gillespie, Joe Williams, Sarah Vaughan and Nancy Wilson.

In 1990, the group established the Jazz Heritage Series (featured on NPR and jazz radio, satellite and Internet stations), featuring concerts with legendary icons of jazz. Artists who have participated in the series include Clark Terry, Phil Woods, Kurt Elling, Paguito D'Rivera, Nicholas Payton and Karrin Allyson, among others.

The band's Glenn Miller sound has remained a central ingredient in its musical heritage, but through the years it has also adopted a more contemporary sound, due largely to a talented stable of staff arrangers. Today, Master Sergeant Alan Baylock, the group's current chief arranger, helps maintain a commitment to tradition and cutting edge innovation.

In 2010, the Airmen of Note celebrates 60 years as one of the nation's most revered musical organizations.

Free tickets available at Schine Box Office (315-443-4517)

Fashion's Night Out 'Cuse Style

Saturday, November 13, 2010,7.00pm



The event showcases all students' abilities in the fashion department, and is a completely student-run show. Sephora is coming to do the makeup for the models, as well some promotional things for the store. There is also an after party to follow at Bounce downtown in Armory Square filled with music, food, drinks and entertainment. Tickets are \$5 with SU ID and can be bought at the student box office or at the door.

Location: The Warehouse, Contact: Nicole F. Bender, zippedpr@gmail.com, (201) 310-0810

Recycling: Doing your Bit



What Can Be Recycled?

The following items can be placed in the blue recycling bins:

PAPER

- Cardboard (please flatten)
- Newspaper & Inserts
- Magazines & Catalogs
- Junk Mail & Envelopes
- Office & School Papers (staples included)
- Cereal, Pasta & Other Food Boxes
- Pizza Boxes

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CONTAINERS

- Bottles, Jars & Cans
- · Cartons
- · Foils
- #5 Plastic Containers

The following items CANNOT be recycled:

- Plastic grocery bags
- Frozen food and meat trays
- Plastic bottles without a recycling symbol, or with recycling numbers 3, 4, 6 &7
- Polystyrene (Styrofoam)
- Six pack holders and rings
- Paint cans or anything that once contained hazardous waste (pesticides, lubricants, pain, etc.)
- Broken glass, dishes or drinking glasses
- Egg cartons, paper plates, paper towels, metallic paper.
- Hardcover or paperback books.

Recycling hints:

- Need a second blue bin? If you live in a town or village, get your second bin from your highway department garage. If you live in the City of Syracuse, call 453-2866. The city will deliver a bin to you. If you live in an apartment please ask your manager.
- Please, no plastic grocery bags in the blue bin. Put your newspapers, junk mail and other
 paper recyclables in a paper bag. Return plastic grocery bags to your grocery store for
 recycling or use them to dispose of your trash.
- Please flatten all cardboard boxes. Also cut cardboard into 3 foot by 3 foot sections and place next to blue bin.
- Please throw away plastic bottle tops and caps. Do not place plastic bottle tops and caps in your blue bin.
- Please rinse food cans, aluminum foil, and baking tins to remove food particles before placing items in blue bin.

Questions? Visit www.OCRRA.org or call the Operation Separation Hotline at 453-2870

Fighting the Flu



For more information about the flu, please see http://www.flu.gov.

The latest campus information on the flu and other related matters can be found at http://flu.syr.edu.

The Onondaga County Health Department site is http://www.ongov.net/ /Health/SwineFlu.html.

Flu Information: http://students.syr.edu/health/files/vis_flu_2010.pdf

QUESTIONS? CONTACT:

-Syracuse University Health Services

-111 Waverly Avenue -Phone: 315-443-9005

-E-mail: healthservices@students.syr.edu

-Web: http://flu.syr.edu

Beat the Heating Bill Blues

REDUCE Heating Bills

Set your thermostat lower when you are not home and when you are sleeping. It takes less energy to warm up a cool house than it does to maintain a warm temperature all day and night.

Put an extra blanket on your bed and wear an extra layer to be comfortable.

Set your thermostat at 68 degrees. For every degree you set your thermostat back, you can save three percent of your annual heating costs. A change from 72 to 68 degrees could save you up to 12 percent!

Install a programmable thermostat which allows you to set up heating programs that will automatically change the thermostat's set temperature between comfort levels and energy saving levels at specified times. A programmable thermostat can save you up to 35 percent in heating costs.

Keep curtains and shades open during the day to capture warmth and closed at night to prevent heat loss through windows.

Keep doors of unused rooms closed and use a towel to eliminate drafts under doors. If you use a space heater for extra warmth, be sure to keep it at least three feet from other objects and turn it off when you leave.

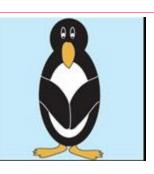
Keep your thermostat set to a temperature no lower than 55° F. **You must keep your apartment heated all winter long so that your pipes will not freeze**—even while nobody is living in the house. Frozen pipes cause extensive and expensive damage to a home's plumbing and heating systems. If you turn off your heat, you could be responsible for repairs! Also, keep in mind that using a space heater instead of central heat may not save you money and it puts you at greater risk for a fire.

If you have questions about winter heating or need tips on how to lower your bill, please contact the Office of Off-Campus and Commuter Services at 315-443-5489 or offcampus@syr.edu.





Woo Hoo Comedy, Saturday, November 13th, Panasci Lounge @ 8pm



Penguins without Pants, Friday, November 19th, Jabberwocky Cafe @ 8pm

SU Disability Cultural Center Initiative

This initiative came as a result of recommendations made by the chancellor's task force which identified an opportunity for SU to become a premiere institution supporting inclusion and disability culture for all. As part of our efforts to create such a center I would like to schedule a meeting with students to help us brainstorm about the vision and eventually the creation of the disability cultural center. This meeting will help guide us regarding what YOU would find useful or important in such an initiative, what will help meet your needs and desires as a student at Syracuse University.

I wanted to invite you to participate in this meeting, which will be scheduled around students' availability.

The focus of the Disability Cultural Center is to coordinate campus-wide social, educational, and cultural activities on disability issues for students, faculty, staff, and community members with and without disabilities. It is not a service granting entity, nor do you have to identify as disabled in order to participate. In fact, no prior qualifications are required, only a desire to bring about positive change in the climate of the university towards disability issues.

For more information about the center, please check out are site under construction at http://thechp.syr.edu/dcc/index.html

This is a great opportunity to get involved with the campus community, and also something unique to put on your resume or CV.

Please feel free to contact me with any questions or concerns I look forward to working with you on this exciting project Liat

Liat Ben-Moshe, Ibenmosh@maxwell.syr.edu, http://thechp.syr.edu/dcc/

Restock Every Monday

Stock up on free fruit, herbal tea, condoms, lubricant and dental dams courtesy of Health Services and Healthy Monday, a public health initiative that encourages people to commit every Monday to the behaviors and actions that will end preventable disease in the U.S

Location: Student Health services

Move It Monday FREE Fitness Classes @ 1:00pm.

Move it Monday is a part of the Healthy Campus Initiative Healthy Monday. This is a program that focuses on participation in activities that promote the various components of wellness on campus at little or no cost to the user. Various **FREE** fitness classes will be offered every Monday during the Fitness Class schedule **from 1:00-1:50pm** in the Flanagan Exercise Room on a drop-in, first come, first served basis. Please arrive early as the maximum enrollment for each class will vary based on activity.

November 15 – Boot Camp November 22 - PiYo November 29 - Pilates December 6 - RPM (cycle room) (advanced registration required for RPM)

Orange Orators Toastmasters Meeting

Orange Orators Toastmasters is a public speaking

group open to the campus community where members come together to learn valuable communication and leadership skills while having a whole lot of fun! The group provides a safe place to develop these skills in a mutually supportive and positive learning environment.

Guests are always welcome to come to a meeting to find out what it's all about or even join in the antics!

Also, while our meetings are always open and free for anyone to attend as a guest, membership does require an annual fee.

Tuesday, November 16th, 2010 at 12:00pm

Location: Peter Graham Scholarly Commons, Bird Library; Contact: Carolynn

Rayome, cmrayome@syr.edu, 443-0293

LGBT Resource Center Events

-Cafe Q

Thursday, November 18, 2010, 8:00pm to 10:30pm

Fuel your Thursday night right with the fall 2010 Grand Opening of Cafe Q! Come back every Thursday evening to unwind and relax at this chill coffeehouse that blends coffee, tea, music, and a quirky attitude. Keep an eye out for monthly Open Mic and Spoken Word Nights too! Location: LGBT Resource Center, Price: FREE!, Contact: Lauren Adamski, lgbt@syr.edu, 443-3983

-Transgender Day of Remembrance

Thursday, November 18, 2010

Join us in honoring those who have passed due to violence against transgender individuals. For information on how to get involved with planning an event for the transgender day of remembrance, e-mail lgbt@syr.edu Contact: Lauren Hannahs, lgbt@syr.edu (443-3983)

Parking Regulations In The University Neighborhoods



Parking in the neighborhoods surrounding campus may be a new experience for some. To avoid ticketing and towing, and to help maintain the quality of life in the University area, members of the University community are reminded to observe city parking regulations.

Many city streets have alternate side (odd-even) parking, which takes effect at 6 p.m. On odd dates, parking starts at 6 p.m. on the side of the street with odd address numbers; on even dates, parking starts at 6 p.m. on the side with even-number addresses.

"Parking illegally on a city street creates traffic hazards to motorists and pedestrians, obstructs vehicular and pedestrian traffic, prevents emergency vehicles from entering areas, and delays public services such as trash collection and snow removal. And parking on front lawns and across sidewalks is not only illegal, but also poses a safety threat to pedestrians who are forced to walk off the sidewalks. Working collaboratively with the Syracuse Police Department, we want the campus community to know the rules so they can follow them.

"To reduce and discourage illegal parking, the Syracuse Police Department will strictly enforce the parking regulations in the University area and will routinely conduct Ticket and Tow Operations in persistent violator areas. Drivers should obey the posted parking regulations in order to avoid being ticketed and towed, and should be mindful that failure to respond to parking violations may result in collection agency involvement or other punitive action against the registrant and/or the vehicle.

RAD Classes (Self Defense for Women) *FREE*

Thursday 4 week class 6:00-9:00pm Oct. 28 - Nov. 18

All RAD classes take place in Archbold Gym Fencing Room

For more information please Contact Public Safety <u>publicsafety@syr.edu</u>

Weekly Salsa Update



Your "WEEKLY SALSA UPDATE" is organized as follows:

"BEGINNER SALSA PARTNERING & TURN COMBINATIONS with RUEDA de CASINO"

6 week class series starting Tues, October 19th, 2010

Dates: Tuesdays Nov 16, 23rd **Time**: 6:30pm - 7:40pm

COST: \$60 (Full time students with college ID pay \$50)

Location: St Claire Theater, 812 N. Salina St., Syracuse, NY (just past Assumption Church

on the right... MAP)

NO prior Salsa experience necessary!!!

NO partner necessary...we rotate partners in each class!!!

INSTRUCTOR: Brian A. Bromka - Founder and Artistic Director of "La Familia de la Salsa - Latin Dance Ensemble" and "Salsa-Son-Timba" Latin Orchestra.

COURSE DESCRIPTION: You will learn the following:

- 1) How to discern and move to the multiple rhythms in Latin music,
- 2) The complete repertoire of "basic" Salsa footwork the building blocks of Latin dance,
- 3) "Lead & Follow technique": the mechanics necessary for seamless partner dancing,
- 4) Scintillating partnered turn combinations.

BONUS No. 1: We will utilize the fundamentals of Rueda de Casino to facilitate speedy learning - this is the preferred method for teaching Salsa in Cuba (see complete description of Rueda, below!)

BONUS No. 2: Each class starts with a 5 minute warm-up of SalsAerobics -guaranteed to pump you up and explore other Latin Dance styles!

This course is designed to get you comfortable and confident on the dance floor in only 6 short weeks.

REGISTRATION: Enrolment will be limited, so it is important that you pre-register by phone or email: 315-636-7133 or lafamilia@twcny.rr.com . As always, please contact us with any questions or concern

!Important Announcements!

Special Practical Training Seminars will be held in the evening on December 6th starting @ 5:00 p.m.

CPT - 5:00pm

OPT - 5:30pm

- Graduate students expecting to graduate this December must complete the File Diploma Request process in MySlice by established deadlines, published at http://gradsch.syr.edu/pdfs/GraduationDeadlines.pdf by the Graduate School. This will activate the certification process and awarding of your degree.
- Interested in taking Yoga, Pilates, Tae Kwon Do, Tai Chi, Ballet, Zumba, Biking (RPM), Fencing or Swimming Classes this semester please check this website for more details: http://recreationservices.syr.edu/Programs/fitnessclasses/flyers/Fall%202010%20fitness%20flyer.pdf
 - Recreation Services is offering FREE Martial Arts classes on Wednesdays at 4:00pm 'till December 8.
- Students who will be ending their studies this December but have no plans to apply for practical training (F-1), academic training (J-1) or continue at a new school or in a new field or level of study (i.e. Master's, J.D., Ph.D), or seek a change of non-immigrant status must depart the United States within 60 days of their academic program end date if they are in F-1 status (see item #5 on your current I-20), or within 30 days if they are in J-1 status.
- International Student Support Group will be held every Thursday from 3:00pm -4:30pm at the Slutzker Center.

(for further details about this group please read the article above)

- Planning to Study Abroad during the Spring 2011 semester? If so, please talk to an international advisor at the Slutzker Center soon. There are steps which you must take in order to insure your continued non-immigrant status for re-entry to the U.S.
- **MEETING YOUR HEALTH REQUIREMENTS**

Syracuse University Health Services has determined that many international students are <u>not in compliance</u> with immunization requirements defined by New York State public health law. Enrolled students found not to be in compliance risk strict administrative consequences including **inability to register**, **suspension of I.D. card privileges**, **and may be required to leave campus**.

You <u>must</u> be in compliance with these immunization requirements in order to remain on campus.

The Health Service will be sending an email to all those who are not in compliance via the syr.edu email address. Please watch for that notice (check your syr.edu email address!). If your registration is cancelled, you will also lose your F-1 or J-1 student status. Don't put yourself at risk. Contact the Health Service as soon as you receive that email!

- Although rare, a fire drill or evacuation could be an opportunity for a thief to strike. To prevent someone from taking your irreplaceable documents and passports we recommend the following:
 - Keep your documents in a secure location.
 - Be able to access and take your documents with you quickly if you need to evacuate the building.
 - A small safe, briefcase, folder or backpack maybe the best way to keep your documents organized.
 - Rent a safety deposit box at your local bank (i.e.: HSBC, Chase, etc.) You should never spend time searching for your documents in an emergency situation. REMEMBER, while you want to do your best to protect your valuable property, your personal safety is the highest importance in emergency!
- Travelling During the Thanksgiving Break?

Have all Your Documents with you! If you are travelling within the U.S., you must still carry with you your passport, I-94 card and original I-20/DS-2019. The U.S. Border Patrol often inspects documents at train stations, bus stations, and airports. If you do not have your original documents, you could be fined \$100, or detained until your status can be verified.

If you are travelling outside the U.S., you must make sure you have a valid visa stamp to re-enter the U.S., as well as an unexpired passport valid for at least 6 months into the future, and a blue travel signature from SCIS on your I-20/DS-2019 within the last 1 year (or if you are on OPT, the last 6 months). If you are on OPT, you must also have a valid EAD card and job offer letter to re-enter the United States.

The Slutzker Center for International Services offers Travel Seminars every 1st and 3rd Wednesday of each month @1:30pm and every Friday @ 12p.m

Worried that your flight might be delayed? Please contact your airline, the airport and check this website - http://www.fly.faa.gov

- Applied for OPT? The SCIS Needs a Copy of Your EAD Card!
 The SCIS reminds all students who have applied for OPT that once you receive your Employment Authorization Card (EAD), please "scan the front and back of your EAD card" and e-mail us a copy of it to lescis@syr.edu.
- Students who are planning to do an Internship this Fall semester should apply for Curricular Practical Training (CPT) Please remember that you have to register for at least 1 credit for CPT.
 Curricular Practical Training Seminar (CPT) Wednesday @ 3:00pm
 Optional Practical Training Seminar (OPT) Wednesday @ 3:45pm

Address Change?

All International Students and Scholars that will be moving out from the "Campus Housing" must update the US Address where you will be living during the Fall semesters via your "MySlice self-service" and select CURR address. You must update your address immediately in order to be in compliance with the Immigration. If you do not update your addresses we will not be able to register your record with SEVIS and you will be jeopardizing your Immigration requirements to comply with reporting changes of addresses while you are here in the USA and at Syracuse University.

You must always provide a current physical address to the SCIS in order to keep your SEVIS registration current and to maintain your lawful status. You have 10 days to inform the SCIS of any address changes or you are in violation of your status. http://international.syr.edu/address_update_opt.htm

NEW SCIS Seminars



Starting October 1st due to numerous student requests the SCIS has changed the Seminar times and dates. We hope that this extra service will meet the needs of students who are traveling, seeking on campus employment or applying for practical training.

Seminars begin promptly at time indicated below.

Practical Training:

1st and 3rd Wednesday and 2nd Friday of each month

CPT – 3:00pm

OPT – 3:45pm

Special Practical Training Seminar will be held on December 6th @ 5p.m Travel Abroad and Within the US Information:

Every 1st and 3rd Wednesday of each month @1:30pm and every Friday @ 12p.m.

On Campus Employment:

Tuesday – 2:00pm

Friday - 9:30am

Life after Practical Training:

1st Monday and Thursday of each month at 2:00pm

Full-time Course of Study

NOTE: For Syracuse University F-1 students, a full-time course load is required during the Fall and Spring semesters. Full time enrollment means **Graduate** students must enroll for at least <u>9 credits</u> every semester. **Undergraduate** students must register for at least <u>12 credits</u> every semester. Students are not required to enroll in courses during the Summer. However, **if Summer session is your** <u>first</u> **semester** then you must maintain full time enrollment of at least 6 credits for that summer session.

Under Federal Immigration Rules, to maintain F-1 status, no more than 3 online credits per semester may count towards the "full course of study" requirement. For example, a graduate student required to register for 9 credits per semester to maintain full time status can take only 3 of those credits through an on-line class each semester – 6 credits must be live, in classroom courses.

However, an F-1 student can take as many on-line or distance education as they wish (with SCIS's approval) during the Summer or over Winter break.

If it is your last semester and fewer than 12 credits are required to graduate for

undergrads and 9 credits for grads; it is acceptable to carry only those credits required to complete your degree. If a student needs less than a full course load in the final semester to finish his/her degree, the course(s) cannot be taken solely online or as distance education. You must be enrolled in a live, in classroom course during your last semester.

Students considering on-line courses or courses at a different institution should first discuss the plan with an SCIS advisor. It is necessary to maintain valid F-1 status at all times.

If you are taking less than 9 credits this semester you must fill out a Certificate of Full-Time Status http://international.syr.edu/full_time_status_certification-Jan04.pdf

If this is your last semester you will have to fill out the Last Semester Memo http://international.syr.edu/

Are You Employed This Semester? Here's an Important Tax Tip for F-1s and J-1s!

If you are an international student in F-1 or J-1 status who is working on campus for Fall 2010, have you examined your paychecks carefully? Here is some important information for you. The information that comes with your paycheck may show that both federal and state income tax (or just federal income tax) are being withheld from your paycheck. This is correct, since students in F-1 or J-1 status do pay federal and state income taxes on money they earn through on-campus employment. However, if your paycheck information shows that social security tax and/or Medicare tax are being withheld from your paycheck, this may be an error! F-1 or J-1 students who have been in the United States in F-1 or J-1 status for five years or less do not pay social security or Medicare tax on employment earnings authorized by federal Immigration regulations, including on-campus employment. So, if you believe a mistake has been made, speak with someone in the appropriate payroll office, and have your pay stub with you. You are entitled to a refund of any social security or Medicare tax incorrectly withheld.

The rules are explained in **IRS Publication 519**: *US Tax Guide for Aliens*. To access a copy, go to: http://www.irs.gov/pub/irs-pdf/p519.pdf You need print only pages 1, 54 and 55

Keeping Good Rental Records

Lack of knowledge regarding leases or other rental agreements can cause a variety of problems. By keeping records of rental repair requests, security deposit disputes, and other important issues related to rental agreements, you can alleviate many of these types of problems. The most frustrating problems occur when the tenant cannot document their grievances. To prevent this, start a rental file as soon as you sign the lease and add to it throughout your lease term. A rental file is easy to keep, considering the money you may recover through rental modification or qualifying for full return on your security deposit. If a rental problem arises, it is easier to negotiate a solution with the landlord when you have written records that show the extent of the problem, what you asked the landlord to do about it, and how the landlord responded.

Your Rental File Should Hold:

A Rental Log

Use a simple notebook to write all dates and times you contacted or tried to contact your landlord; make a note of any discussion. Logs are a useful permanent record of how the landlord did or did not respond to problems.

Apartment Condition Checklist

This is proof of the condition of the apartment when you move in and out. Keep a copy and send the original to the landlord by certified mail and return receipt.

Correspondence With Your Landlord

Make any complaints or concerns in writing and keep copies on file. All verbal requests should be followed up in writing with copies in your file.

Reports

Keep copies of the Certificate of Suitability, building inspection reports, police reports, and any other reports from other agencies.

Photographs

Photos may be the evidence you need to document a repair or security deposit problem. Photos should be dated and signed by a witness.

Off-Campus Housing 101

It is that time of year: time to begin looking for off-campus housing for the 2011-12 academic year. The rental season begins very early in Syracuse, but that does not mean that you have to sign a lease right now; you should not rush to sign a lease and should learn about off-campus housing prior to making the decision to move off-campus. A lease should not be signed until the property has been researched, roommates are confirmed, and the lease has been reviewed by Student Legal Services.

There are a number of rental units available in the University area and one of the best sources for advice and information about off-campus housing are friends and classmates. Another good place to search is Orange Housing. Orange Housing maintains a web site of apartment offerings in the neighborhoods adjacent to campus. The Orange Housing website is www.orangehousing.com. It is important to keep in mind that this local company is not affiliated with Syracuse University or SUNY ESF and there are absolutely no guarantees about the quality and reliability of the information posted on the website. Orange Housing also offers roommate searches, sublet listings, and information relevant to apartment hunters. Apartment listings can also be found in the Daily Orange and at www.apartmentfinder.com.

Your first step in your apartment search is determining your needs. Important considerations include:

- Distance from campus
- How much you can afford for rent and utilities
- On or off-street parking
- Number of roommates
- Furnished or non-furnished apartment
- Length of lease
- Pets

Once you have determined your needs you will want to view two or more rentals that meet your criteria. Check out each apartment thoroughly; don't be afraid to test faucets, doorknobs, etc. and make sure you are satisfied with the safety features available (window locks, security lights, etc.). You should talk with the current tenants about the apartment; ask about location and experiences with the landlord. Once you decide on an apartment and have done all needed research, you should have the lease reviewed by Student Legal Services.

The Office of Off-Campus and Commuter Services (OCCS) is a resource that you should also utilize in your search for off campus housing. OCCS staff will assist you in your search by educating you on what is needed to have a successful off-campus living experience. OCCS is available for in person assistance at 754 Ostrom Avenue, via phone at 315-443-5489, online at offcampus.syr.edu, via email at offcampus@syr.edu

Apartment Safety Tips

Burglars strike in any neighborhood. They are opportunistic and always look for such easy targets as homes that are left open, not well maintained, out of eyesight or earshot of neighbors, or obscured by landscaping or fencing. The best way to minimize your chances of becoming a victim is to take sensible precautions.

The following tips offered by the City of Syracuse Police Department are designed to help you reduce your chances of becoming a victim of crime. You may already be aware of some strategies, but others may be new to you. Remember to trust your instincts and use common sense. Do not let yourself become a victim of a crime!

Before Renting an Apartment

Survey the residence for the following security features:

- Does the apartment have metal or solid core wooden entry and exit doors? Are these doors equipped with deadbolts? Are the locks mounted securely? Have the doors been re-keyed since the last tenant moved out?
- Can visitors be observed without opening the apartment door either through a door "peephole" viewer or window?
- Does any outside vegetation block doors or windows from public view? Does the vegetation provide places or concealment at entrances at or along walkways?
- Is there adequate lighting at the building entry doors and along walkways? Are the outer doors kept locked at all times?

In Your Apartment

- Keep your doors locked at all times, especially when you are alone, sleeping, or the apartment is unoccupied (even if only for a few moments).
- Determine who is on the other side of the door before opening it. Have repair or service personnel show official identification and confirm their presence with the person requesting the service. Delivery persons should remain outside to await the person requesting the delivery.
- If you return home and something looks questionable (e.g., a slit screen, broken window, or open door) do not go inside. Call the Syracuse Police Department from a safe location.
- Be sure you have blinds or curtains on your windows to discourage window peepers. Always keep your windows covered at night and leave lights on in two or more rooms
- Make a list of your valuables and record any serial numbers.
- Be sure all outdoor lighting fixtures are in working condition. Ask your landlord to make immediate repairs.
- Place items of value out of sight and in locked areas. Do not leave valuables unattended in such common areas as laundry rooms and lounges.
- Ask your landlord to maintain and trim shrubbery.

Getting Repairs Made in Your Apartment

As a tenant, you are entitled to a livable, safe and sanitary apartment. Failure to provide heat or hot water on a regular basis or to rid an apartment of insect infestation is an example of a violation of this entitlement.

All landlords are required to maintain **electrical**, **plumbing**, **sanitary**, **heating and ventilating systems** in good working order. Landlords of buildings with three or more apartments must keep apartments and public areas in "good repair." Landlords also have a duty to keep every part of a dwelling clean and free of vermin, dirt, garbage, and other offensive material. All landlords in the City of Syracuse must maintain their premises in accordance with Syracuse Property Code. The Housing Complaint section of the Division of Code Enforcement enforces the City Code by responding to reports and complaints about housing maintenance, overgrown yards, trash and debris and disabled vehicles on private property. In addition they work with other agencies to improve residential neighborhoods.

If you have a complaint concerning the habitability or repair of your apartment, contact the Syracuse Division of Code Enforcement at (315) 448-8695.

If you have any questions you can call our office @ 443-5489.

Landlord Information Sharing Program

The Landlord Information Sharing Program (LISP) is designed to provide students with a method for communicating with each other from year to year about their rental housing challenges and successes.

Process

Any Syracuse University or SUNY ESF student can fill out a Comment Form found on our web site at offcampus.syr.edu or in our office at 754 Ostrom Avenue. Students must clearly explain their concerns or issues in the form provided or by attaching a separate typed letter. They must use facts to describe the situation that is the basis for their documentation—they cannot simply provide an opinion of their landlord with no supporting factual basis.

OCCS staff would also like to hear about any positive interactions that students might have with their landlords. If students have positive experiences that they would like us or other students to know about, they should send us a letter clearly explaining the interaction, using facts to describe the situation—they should not simply provide an opinion of their landlord with no supporting factual basis.

What happens when a Comment Form is filed?

OCCS staff will review all completed Comment Forms. If any include unprofessional language or are not appropriate to share with other students, it will be returned to the student with a letter explaining why. OCCS staff will forward a copy of the submitted Comment Form to the student's landlord. The landlord may respond to the concerns or issues directly or may respond by sending a letter to the OCCS. If the OCCS receives a response, a copy will be mailed to the student. OCCS staff will keep a copy of all Comment Forms and landlord responses in our office at 754 Ostrom Avenue. All names, contact information, and any other identifying information will be redacted from the Comment Forms and responses. Other SU/SUNY ESF students will be able to view your Comment Form and your landlord's response when they are searching for off-campus housing.

We encourage students viewing the landlord files to consider not only the number and type of concerns or issues raised, but the landlords' responses to them. Please note that the views expressed in these materials are solely those of students and local property owners and not those of Syracuse University.

Sometimes your landlord may not respond to your concerns or issues, or may respond unfavorably. OCCS staff will work with you throughout the process to seek to accomplish a resolution to your problem. When appropriate, OCCS staff will refer you to agencies that are better able to assist you, such as the Syracuse Police Department, City of Syracuse Division of Code Enforcement, Conflict Mediation Center, Student Legal Services, etc.

Cell phone Offers to SU International Students

18% off for Syracuse University Students use Discount Code <u>2386165</u>

- World Phones available
- Exclusive provider of the Apple iPhone & BlackBerry TORCH
- Competitive domestic and international plans available
- Only domestic carrier that offers rollover minutes
- Receive 18% off monthly voice and data plans (not prepaid)
- Text messaging plan discounts available on select phones \$2 Off 200 Message Plan - Your Cost \$3 \$5 Off 1500 Message Plan - Your Cost \$10 \$5 Off Unlimited Plan - Your Cost \$15 Offer excludes iPhone Text Messaging Plans
- Prepaid service plans available
- Waived security deposit for one line of service (only available only at Company Owned Retail Stores, not available online or at Authorized Dealers.)
- Prices reflect 18% Syracuse University Student Discount Code 2386165
- Rates apply to calls made from within the U.S., Puerto Rico and U.S Virgin Islands
- Convenient and affordable calling from the U.S to over 220 countries
- International Roaming agreements in over 100 countries, rates vary For more details on International Roaming, see www.att.com/international

T-Mobile also offers prepaid Pay-As-You-Go plans. Which are designed for single subscribers (no family plans) who are in the USA for only a couple of years. For further details please check the following website http://www.t-mobile.com/shop/plans/prepaid-plans.aspx

FY 2010 H1B Updates

FY 2011 H-1B Cap Count

Сар Туре	Cap	Cap Eligible	Petition	Date of Last
	Amount	Petitions	Target	Count
H-1B Regular Cap	65,000	48,800		11/05/2010

H-1B Master's Exemption	20,000	17,200	11/05/2010

For more information and latest updates on H1B Visa cap count, please visit the $\overline{\text{USCIS}}$ website.

Special Registration (NSEERS)

Further security checks after initial immigration inspection are typically required for:

© Certain citizens or nationals of Iran, Iraq, Libya, Sudan and Syria, as designated by the DHA Secretary in the Federal Register.

© Males age 16-45 from Afghanistan, Algeria, Bahrain, Bangladesh, Djibouti, Egypt, Eritrea, Indonesia, Jordan, Kuwait, Lebanon, Libya, Malaysia, Morocco, Oman, Pakistan, Qatar, Saudi Arabia, Somalia, Tunisia, the United Arab Emirates, and Yemen

©Foreign nationals of any country may be asked by a U.S. Customs and Border Protection (USCBP) officer to undergo Special Registration if they feel they may be a national security threat.

If you are subject to <u>special registration procedures</u>, it is your responsibility to make certain that your entry and departure is documented by a U.S. Customs and Border Protection (USCBP) inspecting officer, every time you leave and re-enter the U.S. (This may add a significant amount of time onto departure so please plan accordingly).

A helpful reminder of where the pertinent NSEERS registrations may be found at the following airports in the state of New York. http://edocket.access.gpo.gov/2009/E9-28418.htm

Buffalo Peace Bridge POE, New York; Cape Vincent POE, New York; Champlain POE, New York; Chateaugay POE, New York; Fort Covington POE, New York; Heart Island POE, New York; John F. Kennedy International Airport (JFK), New York; Lewiston Bridge POE, New York; Mooers POE, New York; Niagara Falls, Rainbow Bridge, New York; Newark International Airport (NEW), New Jersey; Ogdensburg POE, New York; Rochester-Ferry Terminal, New York; Rouses Point POE, New York; Seaway International Bridge/Massena POE, New York; Thousand Islands POE, New York;



Trout River POE, New York

Pedestrian Safety Tips

Stay safe while you're walking to campus. Here are some tips:

- Use sidewalks and paths whenever possible.
- Use crosswalks, and don't start walking until you see the "WALK" signal. Walk facing traffic so you can see vehicles as they approach, and they can see you.
- Always walk in groups of three or more!
- Remember, pedestrians only have the right-of-way if a driver sees them! As a driver, it is important to be familiar with pedestrian safety laws. When a pedestrian is crossing at a crosswalk, drivers must wait until the pedestrian has completely crossed the street and has reached the other side safely.
- When making a right-hand turn at a red light, it is important to come to a complete stop and check for pedestrians crossing the street. Also remember there are many "No Right on Red" turns in the Syracuse University area!



Protect your Property

All your personal belongings are insured against a wide range of losses. The SCIS supports this policy and we encourage every student to have this insurance.

- Laptops, cell phones, jewelry, watches, iPods, cameras, clothes, books, sports equipment, furniture **all** your "stuff" is covered. You're insured for countless types of losses, including theft, vandalism, fire, and accidental damage.
- Worldwide coverage on and off campus (in your apartment, in a foreign country, "at home", in storage, or anywhere else they may be.
- Property of the University is covered while in your care
- Buy \$4,000 of coverage for less than \$94! Also there is up to \$20,000 coverage available for an annual premium of only \$250.

For more information about our student personal property program, call

1-866-535-0456 and ask for a college specialist to assist you. Or better yet Enroll online! It's fast and easy. Simply log on to: www.haylor.com/student or send an e-mail to: student@haylor.com



For your safety, please remember...

- On campus after dark, use DPS' free escort service. Off campus, use SU Home (it's free); call 315-443-2224 for more information on these services. Additional options are Centro Bus or taxi service.
- Walk, bike or jog in groups of three or more away from bushes, cars and other objects a suspect could hide behind.
- Look and listen. Headphones and cell phones can create tunnel vision.
- Travel in well-lighted and well-traveled areas.
- Don't approach strangers or let them get close to you.
- If you think someone is following you, switch directions or cross the street. Go toward an open business or lighted house.
- Have your house or car keys in hand before you reach your door.
- Know where "Blue Light" phones are and how to use them.
- If someone tries to rob you, don't resist. Give up your property, not your life.
- Try to get a description of the suspect(s) and any associated vehicle and tag number.
- IMMEDIATELY report emergencies or suspicious activities, persons and vehicles.
 For SU's Department of Public Safety, dial 711 on campus or #78 (from a cell phone); for the Syracuse Police Department, dial 911

Your quick report may help prevent others from becoming victims.

Fall 2010 Bus Schedule

Centro is the provider of public transportation in Syracuse and throughout Onondaga, Cayuga and Oswego Counties. Centro operates a system of shuttle routes on campus under contract with Syracuse University. These are regular transit routes which Syracuse University students can board for free. Centro also operates an extensive system of bus routes connecting the Syracuse University campus to points throughout the area. Students may ride free on these routes within certain specified "free fare zones". If you wish to travel to an area outside of these zones, you must pay a fare. http://parking.syr.edu/Parking/display.cfm?content_ID=%23%28%289%21%0A

QUESTIONS? Contact:

Parking and Transit Services 621 Skytop Road

Phone: 315-443-1049Web: http://parking.syr.edu

Motivational Quotes of the Week:

"Nothing will ever be attempted if all possible objections must first be overcome."

~Samuel Johnson

"We are what we repeatedly do. Excellence, therefore, is not an act but a habit"

~Aristotle

"Time is the wisest counselor of all".

~Pericles

"A lie has speed, but truth has endurance."

\sim Edgar J. Mohn

"Maybe it is time to consider living dangerously. Maybe it's time to reject the commands of power, the dictates of society and public opinion, and to stop worrying about what other people think about what you do. You have the power and ability to create your own reality — to change what isn't working and to manifest what you desire".

~Dick Suphen

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If your e-mail account is on a server other than syr.edu, please send an e-mail message to dbabanhu@syr.edu. In the subject line, type: Please subscribe to SCIS Newsletter, your e-mail address, your first and last name.

Note: If you would like to submit a request to publish your news or events in our SCIS Newsletter. Please contact **Daniela Baban Hurrle** at dbabanhu@syr.edu

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