Planning to Travel?

Planning to travel outside the United States during the Winter Break - please get your I-20 or DS-2019 (for J-1 students or scholars) signed as soon as possible!

The Slutzker Center for International Services is offering additional Travel Seminars through Wednesday, December 22, seminars will be held every business day at the Slutzker Center. When you come for the seminar, please make sure to bring your original I-20/DS-2019, passport, visa, I-94 card, and proof of health insurance. Your health insurance should contain medical evacuation and repatriation. If it does not, you must purchase the supplemental MedEx policy, which costs $25/person per year. [http://international.syr.edu/medex_application.htm](http://international.syr.edu/medex_application.htm)

Additional Travel Seminars:
- Monday 5:00pm
- Tuesday 10:00am
- Wednesday 1:30pm
- Thursday - 1:30pm
- Friday 12:00pm

Also Every 1st and 3rd Wednesday of each month @1:30pm and every Friday @ 12p.m.

If you have additional questions about travel, and cannot attend a travel seminar, please stop by the SCIS during "ADVISOR ON CALL" hours daily: 11a.m. to 3p.m. During the winter break, Slutzker Center staff receive a number of worried phone calls and emails from SU students who are traveling outside the United States. The reason? Either the student has forgotten to travel with their current I-20 (or, if in J status, their DS-2019), and tells Slutzker Center staff that the I-20 (or DS-2019) was left behind in their Syracuse apartment or residence hall, OR the student has the I-20 (or DS-2019) with them, but the form lacks a current travel signature.

Either way, that creates a very big problem for the student upon his or her return to the United States, because the student will be stopped by the U.S. Customs and Border Protection Official for failure to present the appropriate documents. At the very least, this will result in delays at immigration inspection at the U.S. port of entry, and possibly, the issuance of only a 30-day stay in the United States.

So, don’t let this happen to you! Be sure to have your I-20 or DS-2019 when you travel (and if you have multiple documents, have them with you to present in
Is Your I-20 or DS-2019 Expiring Soon? Do You Need an Extension of Stay?

This is the time of year when many international students whose I-20 or DS-2019 will expire this month, but who will be continuing their studies for Spring 2011, are applying for an extension of stay. Students who will begin a new level of study (e.g., completing bachelor’s and commencing master’s or completing master’s and commencing PhD) require an admission letter from the Graduate School (if completing a bachelor’s and commencing master’s) or from the student’s academic department (if completing master’s and commencing PhD) verifying that the student has been approved for the new level of study, and the semester that the new level will begin.

Students with I-20s or DS-2019s expiring in December 2010 but who will continue their studies at SU must begin the extension of stay process (or change in level of study process) well before that date so that the new I-20 is issued before the I-20 expiration date.

Complete information and the required forms are available on-line at: http://international.syr.edu/extension_stay.htm

Holiday Dates for the Slutzker Center for International Services

The Slutzker Center, along with most other university offices, will be participating in what is traditionally known at the University as the “green days or winter break” period. The official holiday starts at the close of business on Wednesday, December 22, 2010 with offices re-opening on Tuesday, January 4, 2011. During this period, there will be no mail delivery into or out of offices. Voice mail, e-mail and fax will be monitored periodically, but not every day.

International students and scholars who have paperwork that needs to be processed by the Slutzker Center should note these dates and anticipate that after Wednesday, December 22, there will be a wait until January 4 before work resumes. It is strongly recommended that any requests for documents be made no later than Wednesday, December 15 to assure timely processing. Remember not to wait until the last minute!

The Clock is Ticking on Some Practical Training Applications:

F-1 students who will be graduating in December 2010 and plan to apply for post-completion Optional Practical Training (OPT) are reminded that they must set up an appointment with a SCIS advisor to review their OPT application paperwork, and then send the processed documents to U.S. Citizenship and Immigration Services (USCIS) so that it is received at the USCIS no later than 60 days after their degree conferral date, which this year is December 17, 2010. Fall 2010 graduates must send their completed application paperwork, and then send the processed documents to U.S. Citizenship and Immigration Services (USCIS) so that it arrives there before February 16, 2011, which is 60 days following the completion date for Fall graduates.

Please keep in mind that the Slutzker Center will curtail services at 5:00pm on Wednesday, December 22, 2010 and will not reopen until Tuesday, January 4, 2011.

F-1 students who have not yet begun the practical training application process are urged to do so soon so that you will have the best possible opportunity to obtain your employment authorization card in a timely manner. Currently, it is taking the USCIS Service Centers approximately 12 - 16 weeks to process OPT employment authorization applications. Employment cannot begin until you have the card “in your hands.”

- Also, a student in F-1 or J-1 status cannot be employed away from the Syracuse University campus unless they have obtained appropriate federal authorization to do so before employment can begin. This includes internships, research and volunteer work.

- Have all Your Documents with you! If you are travelling within the U.S., you must still carry with you your passport, I-94 card and original I-20/DS-2019. The U.S. Border Patrol often inspects documents at train stations, bus stations, and airports. If you do not have your original documents, you could be fined $100, or detained until your status can be verified.

If you are travelling outside the U.S., you must make sure you have a valid visa stamp to re-enter the U.S., as well as an unexpired passport valid for at least 6 months into the future, and a current travel signature from SCIS on your I-20/DS-2019 within the last year (or if you are on OPT, the last 6 months). If you are on OPT, you must also have a valid EAD card and job offer letter to re-enter the United States.

Worried that your flight might be delayed? Please contact your airline, the airport and check this website - http://www.fly.faa.gov

- All residence halls will open for the Spring 2011 semester at 12 noon, Friday, January 14, 2011. Ernie Davis will be open for dinner that evening from 4:30 p.m. to 9 p.m. All dining centers will return to regular operating hours on Saturday, January 15, 2011. Please note that this game is not a
Getting Serious About Snow

In the winter, major roadways receive priority, while secondary streets are plowed as soon as possible. The City of Syracuse operates a fleet of 40 plow and salt spreader trucks assisted by independent plow truck operators.

Sidewalk snow removal is the responsibility of each property owner. In most cases, if the owner doesn't live at the property, the tenant is responsible for keeping the sidewalk clear. Clarify with your landlord about whose responsibility it is to remove the snow, especially while you are away.

-Just a reminder, clearing of snow and ice from sidewalks is to be done by 6 pm following snow accumulation

-The Fire Department must keep hydrants clear of snow in case of emergency. Residents are asked to assist in this task whenever possible, especially during a heavy snowfall.

-During the winter, all parking regulations are strictly enforced by the City of Syracuse so that snow can be removed from the street. Your car will be towed if you are parked across the sidewalks or if you are in violation of the odd/even parking regulation. Call the 448-CITY for more information.

-Dress appropriately before going outdoors. The air temperature does not have to be below freezing for someone to experience cold emergencies such as hypothermia and frostbite. Wind speed can create dangerously cold conditions even when the temperature is not that low.

-Dress in layers so you can adjust to changing conditions. Avoid overdressing or overexertion that can lead to heat illness. Most of your body heat is lost through your head so wear a hat, preferably one that covers your ears.

Mittens provide more warmth to your hands than gloves. Wear waterproof, insulated boots to help avoid hypothermia or frostbite by keeping your feet warm and dry and to maintain your footing in ice and snow. Get out of wet clothes immediately and warm the core body temperature with a blanket or warm fluids like hot cider or soup. Avoid drinking caffeine or alcohol if you expect you or someone you are trying to help has hypothermia or frostbite.


Possible Support for a CPT internship

THE MARK AND PEARLE CLEMENTS INTERNSHIP AWARDS

Application Information for Award Year 2011

GENERAL INFORMATION:

The Mark and Pearle Clements Internship Awards are intended to enable Syracuse University students to undertake internships that would not be possible without financial help. Clements interns will usually spend one semester or summer away from the University, working under the guidance and supervision of an expert who can help them explore opportunities to link theory with practice in the world of work.

Clements Awards typically range from $2,500 to $5,000. There are usually several awards available each year. The award may be used to pay for internship-related travel, living expenses, and required materials, but may not be used to pay for salaries, stipends, or tuition.

Applicants are responsible for obtaining their own internships, and should make initial arrangements with the proposed internship site before applying for a Clements Internship Award. Applicants with questions about this requirement should talk to Ronnie Jones, internship coordinator in Career Services. Successful applicants must get confirmation of the internship offer before any money will be released to them.
Each Clements application must have the support of a Syracuse University faculty member who agrees that the proposal complements the student’s academic program, and who is willing to act as Faculty/Staff Sponsor of the proposed internship. A sponsor must have knowledge and expertise in the area of the proposed internship.

Academic credit may be earned for participation in these internships, but is not required. If the internship is to carry academic credit, students are responsible for following registration procedures and for meeting the prescribed tuition costs with resources other than the Clements Award.

The awards may be used during summer or fall semesters of 2011. Internships must be confirmed no later than April 1, 2011 unless special arrangements are made through Career Services.

**ELIGIBILITY:**

Full-time matriculated sophomore, junior, senior and master’s level students from all schools and colleges of Syracuse University are eligible to apply for a Clements Internship Award.

Previous recipients of the Clements Internship Award may not apply.

**SELECTION CRITERIA:**

The following criteria will be used by the Clements Internship Awards Selection Committee when selecting recipients of these awards:

1. **Application:** Clarity, correctness and completeness of application.
2. **Creativity:** Creativity and originality of the internship plan.
3. **Educational Value:** Benefit to student as internship builds upon her/his education, and the extent to which the opportunity links theory to practice.
4. **Feasibility:** Likelihood that the internship can be arranged, confirmed, and successfully completed.

**APPLICATION PROCEDURES**

To apply you must 
**upload**
the following information on Orangelink:

- completed Data Form with identifying details related to you and to your proposed internship site;
- the detailed Internship Proposal (paragraph format)
- completed Budget Form
- current resume.

You will also need to 
**deliver**
the following to Career Services, 235 Schine:

- complete academic transcript (unofficial advising transcript is acceptable)
- letter of support from your SU faculty or staff sponsor (Your sponsor should have considerable familiarity with your work and character and be able to speak to your ability to learn in a field setting. The letter of support should contain the faculty member’s views on the significance of the proposed internship to your academic program.)

You may also submit supplemental materials such as additional recommendations or fuller descriptions of the internship organization (or supervising individual).

**DEADLINE FOR APPLICATIONS**

All material must be submitted by Tuesday, January 25, 2011.

All materials except transcript and letter(s) of support must be submitted online through the Orangelink system by the deadline date. Other materials should be directed to:

Rhona Lee Jones, Internship Coordinator
Syracuse University Center for Career Services
235 Schine Student Center
Syracuse, NY 13244

For more information contact Ronnie at rljones@syr.edu, or 315-443-3616
Mini Aqua Fitness Class

Dates: January 4, 5, 6, 10 & 11
What: Shallow & Deep Water
Where: Webster Pool
Time: 11:00AM
Cost: $10.00

Sign Up and Pay in the Recreation Office,
241 Archbold Gym

Minimum # of participants: 15
Maximum # of participants: 30

Water shoes required

SKIING OR SNOWBOARDING
Health Services is a designated Toys for Tots drop-off location, with two boxes located in the waiting room. Boxes will be picked up on December 10th.

The members of UNICEF at SU and the brothers of Phi Iota Alpha will be showcasing the first ever UNICEF Snowflake Ball at Syracuse University. A black-tie affair that usually takes place in New York City and Beverly Hills will be finally brought to the SU campus.

This is a formal affair that will include a dinner and dancing. The event will be held in the atrium of Life Science Complex. Tickets are expected to sell out fast!
Holiday Dinner

Join us at your any dining center for our Holiday Dinner, December 9.
-Syracuse university food services.

Campus Shuttle Service

- Visit the Syracuse University website for more information.
Campus Shuttle Service to Syracuse Transportation Center
Starting Nov. 5th

Departing from Schine Student Center on Waverly Avenue
(Located across from the University Sheraton parking garage).

Departures:
Fri and Sun only: 11:45am
Friday Only: 1:30pm and 4:00pm
Sunday Campus return on selected schedules from New York and Philadelphia

www.greyhound.com
Inquire Syracuse University Bookstore, 3rd Floor
It’s Break Time!!!
Very Important Reminders to Protect Your Apartment

- Make sure all windows are securely locked and have curtains on them.
- Lock sliding doors, and place a wooden or metal bar in the track of the doors.
- Unplug all electrical items. Refrigerators and lights with timers can remain plugged in.
- Do not hide spare keys outside.
- Be sure there is good lighting around doors, especially those doors not visible from the street.
- Use a light timer that automatically turns on interior and exterior lights at a preset time or when there is motion.
- Ask the post office to hold your mail until you return from break. Forms are available at www.usps.com. Complete the form and put it in your mailbox.
- Do not leave any valuable items near windows. Take valuables home with you, arrange for a neighbor to watch over your house, or store your valuables while you are away.
- If you have a security alarm, make sure you turn it on when leaving.
- Make sure beds, couches, and other flammable objects are at least 2 feet away from heat sources.
- Remove all air conditioner units from windows.
- Keep your thermostat set to a temperature no lower than 55°F. You must keep your apartment heated all winter long so that your pipes will not freeze—even while nobody is living in the house. Frozen pipes cause extensive and expensive damage to a home’s plumbing and heating systems. If you turn off your heat, you could be responsible for repairs!

Report all crime and any suspicious activity to:
SYRACUSE POLICE DEPARTMENT
CALL: 911

Information brought to you by the Office of Off-Campus and Commuter Services and distributed by Adopt-A-Street organizations

Wegman’s Lights on the Lake
Wednesday, November 24, 2010 - Sunday, January 9, 2011
5 - 10pm * Open Nightly except New Year’s Eve
Onondaga Lake Park, Liverpool NY
Lights on the Lake is a two mile long DRIVE-THRU show featuring:

- Towering Holiday Displays
- Larger-than-Life Land of Oz
- Twinkling Fantasy Forest
- Colorful Section Arches
- Delightful Victorian Village
- Fairy tale Magic Grand Finale
- Memorable Animated Scenes

Admission:

- Monday-Thursday - $8.00 per car - show your Wegmans Shoppers Club Card for $2 off on Mondays and Tuesdays. Visitors with a Driver’s Village or Burdick Automotive license plate frame will get $2 off on Wednesdays.
- Friday, Saturday & Sunday - $12 per car

For more information, call (315) 453-6712 or email olp@ongov.net

For Graduate Student News:
http://international.syr.edu/scis_archive/SCISnews_12-4-2010.htm
Dec 8
Graduate Teaching Mentor info session Wednesday, 9:30-10:30 AM,
Bowne 218

Deadlines
- Spring semester registration started on Wednesday, Nov 10th
- Open Enrollment deadline: Friday, Nov 12th
- All graduate students must register before Dec 17th
- withdrawal deadline: Friday, Nov 19th
- final Grades Due. Tuesday Dec 28th

Click here for the PDF of the full newsletter
from the office of enrollment management

All about graduating!
http://www.syr.edu/gradschool/em/current_whatyouneed.html

Steps for your final semester and procedures of defending a thesis or dissertation:
http://www.syr.edu/gradschool/em/pdfs/Steps.pdf

Thesis Format Guidelines:

Graduation Deadlines:
http://www.syr.edu/gradschool/em/pdfs/GraduationDeadlines.pdf

Recycling: Doing your Bit

What Can Be Recycled?
The following items can be placed in the blue recycling bins:

PAPER
- Cardboard (please flatten)
- Newspaper & Inserts
- Magazines & Catalogs
- Junk Mail & Envelopes
- Office & School Papers (staples included)
- Cereal, Pasta & Other Food Boxes
- Pizza Boxes

CONTAINERS
- Bottles, Jars & Cans
- Cartons
- Foils
- #5 Plastic Containers

The following items CANNOT be recycled:
- Plastic grocery bags
- Frozen food and meat trays
- Plastic bottles without a recycling symbol, or with recycling numbers 3, 4, 6 & 7
- Polystyrene (Styrofoam)
- Six pack holders and rings
- Paint cans or anything that once contained hazardous waste (pesticides, lubricants, paint, etc.)
- Broken glass, dishes or drinking glasses
- Egg cartons, paper plates, paper towels, metallic paper.
- Hardcover or paperback books.

Recycling hints:
- Need a second blue bin? If you live in a town or village, get your second bin from your highway department garage. If you live in the City of Syracuse, call 453-2866. The city will deliver a bin to you. If you live in an apartment please ask your manager.
- Please, no plastic grocery bags in the blue bin. Put your newspapers, junk mail and other paper recyclables in a paper bag. Return plastic grocery bags to your grocery store for recycling or use them to dispose of your trash.
- Please flatten all cardboard boxes. Also cut cardboard into 3 foot by 3 foot sections and place next to blue bin.
- Please throw away plastic bottle tops and caps. Do not place plastic bottle tops and caps
• Please rinse food cans, aluminum foil, and baking tins to remove food particles before placing items in blue bin.

Questions? Visit www.OCRRA.org or call the Operation Separation Hotline at 453-2870

Fighting the Flu

For more information about the flu, please see http://www.flu.gov.
The latest campus information on the flu and other related matters can be found at http://flu.syr.edu.
The Onondaga County Health Department site is http://www.ongov.net/Health/SwineFlu.html.

Flu Information: http://students.syr.edu/health/files/vis_flu_2010.pdf

QUESTIONS? CONTACT:
-Syracuse University Health Services
-111 Waverly Avenue
-Phone: 315-443-9005
-E-mail: healthservices@students.syr.edu
-Web: http://flu.syr.edu

Beat the Heating Bill Blues

Set your thermostat lower when you are not home and when you are sleeping. It takes less energy to warm up a cool house than it does to maintain a warm temperature all day and night.

Put an extra blanket on your bed and wear an extra layer to be comfortable.

Set your thermostat at 68 degrees. For every degree you set your thermostat back, you can save three percent of your annual heating costs. A change from 72 to 68 degrees could save you up to 12 percent!

Install a programmable thermostat which allows you to set up heating programs that will automatically change the thermostat’s set temperature between comfort levels and energy saving levels at specified times. A programmable thermostat can save you up to 35 percent in heating costs.

Keep curtains and shades open during the day to capture warmth and closed at night to prevent heat loss through windows.

Keep doors of unused rooms closed and use a towel to eliminate drafts under doors.

If you use a space heater for extra warmth, be sure to keep it at least three feet from other objects and turn it off when you leave. Keep your thermostat set to a temperature no lower than 55º F. You must keep your apartment heated all winter long so that your pipes will not freeze even while nobody is living in the house. Frozen pipes cause extensive and expensive damage to a home’s plumbing and heating systems. If you turn off your heat, you could be responsible for repairs! Also, keep in mind that using a space heater instead of central heat may not save you money and it puts you at greater risk for a fire.

If you have questions about winter heating or need tips on how to lower your bill, please contact the Office of Off-Campus and Commuter Services at 315-443-5489 or offcampus@syr.edu.

SU Disability Cultural Center Initiative

This initiative came as a result of recommendations made by the chancellor’s task force which identified an opportunity for SU to become a premiere institution supporting inclusion and disability culture for all. As part of our efforts to create such a center I would like to schedule a meeting with students to help us brainstorm about the vision and eventually the creation of the disability cultural center. This meeting will help guide us regarding what YOU would find useful or important in such an initiative, what will help meet your needs and desires as a student at Syracuse University.

I wanted to invite you to participate in this meeting, which will be scheduled around students' availability.

The focus of the Disability Cultural Center is to coordinate campus-wide social, educational, and cultural activities on disability issues for students, faculty, staff, and community members with and without disabilities. It is not a service granting entity, nor do you have to identify as disabled in order to participate. In fact, no prior qualifications are required, only a desire to bring about positive change in the climate of the university towards disability issues.

For more information about the center, please check out are site under construction http://international.syr.edu/scis_archive/SCISnews_12R4R2010.htm
at http://thechp.syr.edu/dcc/index.html
This is a great opportunity to get involved with the campus community, and also something unique to put on your resume or CV.
Please feel free to contact me with any questions or concerns
I look forward to working with you on this exciting project
Liat Ben-Moshe, lbenmosh@maxwell.syr.edu, http://thechp.syr.edu/dcc/

Restock Every Monday
Stock up on free fruit, herbal tea, condoms, lubricant and dental dams courtesy of Health Services and Healthy Monday, a public health initiative that encourages people to commit every Monday to the behaviors and actions that will end preventable disease in the U.S
Location: Student Health services

Move It Monday FREE Fitness Classes @ 1:00pm.
Move It Monday is a part of the Healthy Campus Initiative Healthy Monday. This is a program that focuses on participation in activities that promote the various components of wellness on campus at little or no cost to the user. Various FREE fitness classes will be offered every Monday during the Fitness Class schedule from 1:00-1:50pm in the Flanagan Exercise Room on a drop-in, first come, first served basis. Please arrive early as the maximum enrollment for each class will vary based on activity.
December 6 @ RPM (cyde room) (advanced registration required for RPM)

Orange Orators Toastmasters Meeting
Orange Orators Toastmasters is a public speaking group open to the campus community where members come together to learn valuable communication and leadership skills while having a whole lot of fun! The group provides a safe place to develop these skills in a mutually supportive and positive learning environment.
Guests are always welcome to come to a meeting to find out what it’s all about or even join in the antics!
Also, while our meetings are always open and free for anyone to attend as a guest, membership does require an annual fee.
Tuesday, December 7th, 2010 at 12:00pm
Location : Peter Graham Scholarly Commons, Bird Library; Contact: Carolynn Rayome, cmrayome@syr.edu, 443-0293

LGBT Resource Center Events
-Cafe Q
Thursday, December 9, 2010, 8:00pm to 10:30pm
Fuel your Thursday night right with the fall 2010 Grand Opening of Cafe Q! Come back every Thursday evening to unwind and relax at this chill coffeehouse that blends coffee, tea, music, and a quirky attitude. Keep an eye out for monthly Open Mic and Spoken Word Nights too!
Location: LGBT Resource Center, Price: FREE!, Contact: Lauren Adamski, lgbt@syr.edu, 443-3983

-4th Annual "HoliGAY" Party
Thursday, December 9, 2010, 8.00pm
Celebrate the holiday season "HoliGAY" style with food, fun, and fabulousness! Enjoy the company of your LGBTA community friends before leaving campus for winter break!
Location: LGBT Resource Center, Price: FREE!, Contact: Lauren Adamski, lgbt@syr.edu, 443-3983

Parking Regulations In The University Neighborhoods
http://www.erming.net/media/photos/environmen
Parking in the neighborhoods surrounding campus may be a new experience for some. To avoid ticketing and towing, and to help maintain the quality of life in the University area, members of the University
community are reminded to observe city parking regulations. Many city streets have alternate side (odd-even) parking, which takes effect at 6 p.m. On odd dates, parking starts at 6 p.m. on the side of the street with odd address numbers; on even dates, parking starts at 6 p.m. on the side with even-number addresses.

Parking illegally on a city street creates traffic hazards to motorists and pedestrians, obstructs vehicular and pedestrian traffic, prevents emergency vehicles from entering areas, and delays public services such as trash collection and snow removal. And parking on front lawns and across sidewalks is not only illegal, but also poses a safety threat to pedestrians who are forced to walk on the sidewalks. Working collaboratively with the Syracuse Police Department, we want the campus community to know the rules so they can follow them.

To reduce and discourage illegal parking, the Syracuse Police Department will strictly enforce the parking regulations in the University area and will routinely conduct Ticket and Tow Operations in persistent violator areas. Drivers should obey the posted parking regulations in order to avoid being ticketed and towed, and should be mindful that failure to respond to parking violations may result in collection agency involvement or other punitive action against the registrant and/or the vehicle.

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**Weekly Salsa Update**

**Sec 1) Special Notices:**
- New Music at Havana Nights THIS Friday!
  Don't miss it, this Friday's gonna be SUPER HOT!
- Notice: Roberto is combining Mon & Tues Cardio-Salsa
  Starting this coming week, Roberto will be combining his Mon and Tues Cardio-Salsa classes into the Tuesday night class. Please email him if you plan to attend:
  [robeaudio2001@yahoo.com](mailto:robeaudio2001@yahoo.com)

**EVERY TUESDAY - Beg / Int / Adv "Cardio-Salsa & Latin Movement" with Roberto Perez**
Time: 6:30 - 7:30pm ... NO experience necessary ... NO partner necessary ... Drop-ins welcome!
Where: Center Group Fitness Studio, 311B Toome Dr, Fayetteville, N.Y. (on the opposite side of Target in Fayetteville Towne Center)
$10 per class or 6 classes for $42.

Learn Salsa steps, syncopations & Latin movement direct from the streets of Havana!!!
- Los Van Van "The Rolling Stones of Cuba"...
  will be at Toronto's The Sound Academy on Sat. Nov.27th. Formar Van Van vocalist Pedro Calvo will be a special guest! Los Van Van is the most popular Salsa band in the history of Cuba - at the top of the charts for 30 years!
  The Sound Academy, 11 Polson St., Toronto, Ontario, Canada
  Doors open at 8:30pm Showtime 10pm (opening acts)
  $35.00 advance tickets $50 at the door.
  Contact our friend Javier Rivera for discounted tickets at: latinroc@gmail.com
  - or - Infoline 585-857-7312. Tickets online [www.ticketmaster.ca](http://www.ticketmaster.ca)

**Sec 2) Upcoming Latin Dances:**
- **EVERY FRIDAY - Syracuse:**
  La Familia's "Havana Nights Latin Dance Party" the LARGEST weekly Latin dance in the history of Syracuse!
  ...with 100-150 in attendance EVERY week! Beginner dancers ALWAYS WELCOME!
  * 9:30pm - 2am ... $5 admission.
  * VENUE: Johnston's Ballybay Pub/Nightclub, 550 Richmond Ave, Syracuse, [Map](http://maps.google.com)
  * DJ "la Maquina" spins CNY's finest Latin mix direct from the streets of la Habana, Puerto Rico, "corumba y todo el mundo!"
  * Salsa, Merengue, Bachata, Chachacha, y Timba!
  * HUGE hardwood dance floor!!!
  * Off street parking, full service bar, air conditioned!
  * "Salsa Survival Lesson": 8:15-9:30pm (see Sec 3, below)
  * 17+ event & students ALWAYS welcome!
  * "bridging cultures through dance...one step at a time"!!!
  [www.lafamiladelasalsa.com](http://www.lafamiladelasalsa.com)

- **EVERY 1ST & 3RD SATURDAY OF THE MONTH - Syracuse:**
  La Familia's Latin Night at Metro Lounge!
  * Next Date: THIS Sat Nov 6th ... 9:30pm-2:00am ... $5 ... 21+ event
  * DJ "la Maquina" spins the HOTTEST Latin dance music from the around the world in Syracuse's CHICEST Nightclub!!!
  * Salsa, Merengue, Bachata, Chachacha, Reggaeton Y Timba!
  * Full service bar, fully air conditioned, plenty of free off street parking.
  * Walking distance from Syracuse University Campus!
  * VENUE: Metro Lounge & Cafe, 505 Westcott St, Syr [Map](http://maps.google.com)
  * "bridging cultures through dance...one step at a time"!!!
  [www.lafamiladelasalsa.com](http://www.lafamiladelasalsa.com)

- **SATURDAYS (except 1st Sat of the month) - Ithaca:**
  Noche Latina
  8pm - 1am ... 21+ event ... $5
  The Oasis Dance Club, 1230 Danby Rd, RI 96B, Ithaca NY [www.ithacaosasis.com](http://www.ithacaosasis.com)

- **SATURDAYS - Rochester:**
  Tapa's Latin Night w Live Band
  11pm - 2 am ... 21+ event ... FREE!
  Tapa's Lounge, 177 St Paul St, Rochester, NY [www.tapas177.com](http://www.tapas177.com)

**TUESDAYS - Ithaca:**
Noche Latina

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Important Announcements!

- Special Practical Training Seminars will be held in the evening on December 6th starting @ 5:00 p.m.
  
  CPT  5:00pm
  OPT  5:30pm

- Graduate students expecting to graduate this December must complete the File Diploma Request process in MySlice by established deadlines, published at http://gradsch.syr.edu/pdfs/GraduationDeadlines.pdf by the Graduate School. This will activate the certification process and awarding of your degree.

- Interested in taking Yoga, Pilates, Tae Kwon Do, Tai Chi, Ballet, Zumba, Biking (RPM), Fencing or Swimming Classes this semester please check this website for more details: http://recreationservices.syr.edu/Programs/fitnessclasses/flyers/Fall%202010%20fitness%20flyer.pdf
  
  - Recreation Services is offering FREE Martial Arts classes on Wednesdays at 4:00pm till December 8.

- Students who will be ending their studies this December but have no plans to apply for practical training (F-1), academic training (J-1) or continue at a new school or in a new field or level of study (i.e. Master’s, J.D., Ph.D), or seek a change of non-immigrant status must depart the United States within 60 days of their academic program end date if they are in F-1 status (see item #5 on your current I-20), or within 30 days if they are in J-1 status.

- Planning to Study Abroad during the Spring 2011 semester? If so, please talk to an international advisor at the Slutzker Center soon. There are steps which you must take in order to insure your continued non-immigrant status for re-entry to the U.S.

MEETING YOUR HEALTH REQUIREMENTS

Syracuse University Health Services has determined that many international students are not in compliance with immunization requirements defined by New York State public health law. Enrolled students found not to be in compliance risk strict administrative consequences including inability to register, suspension of I.D. card privileges, and may be required to leave campus.

You must be in compliance with these immunization requirements in order to remain on campus.

The Health Service will be sending an email to all those who are not in compliance via the syr.edu email address. Please watch for that notice (check your syr.edu email address!). If your registration is cancelled, you will also lose your F-1 or J-1 student status. Don’t put yourself at risk. Contact the Health Service as soon as you receive that email!

Although rare, a fire drill or evacuation could be an opportunity for a thief to strike. To prevent someone from taking your irreplaceable documents and passports we recommend the following:

- Keep your documents in a secure location.
- Be able to access and take your documents with you quickly if you need to evacuate the building.
- A small safe, briefcase, folder or backpack maybe the best way to keep your documents organized.
- Rent a safety deposit box at your local bank (i.e.: HSBC, Chase, etc.)

You should never spend time searching for your documents in an emergency situation. REMEMBER, while you want to do your best to protect your valuable property, your personal safety is the highest importance in emergency!

Applied for OPT? The SCIS Needs a Copy of Your EAD Card!

The SCIS reminds all students who have applied for OPT that once you receive your Employment Authorization Card (EAD), please "scan the front and back of your EAD card" and e-mail us a copy of it to lescis@syr.edu.
Students who are planning to do an Internship the Spring semester should apply for Curricular Practical Training (CPT). Please remember that you have to register for at least 1 credit for CPT.

Curricular Practical Training Seminar (CPT) - Every 1st and 3rd Wednesday @ 3:00pm and every 2nd Friday @ 3:00pm.

Optional Practical Training Seminar (OPT) - Every 1st and 3rd Wednesday @ 3:45pm and every 2nd Friday at 3:45pm.

Address Change?

All International Students and Scholars that will be moving out from the Campus Housing must update the US Address where you will be living during the Fall semester via your MySlice self-service and select CURR address. You must update your address immediately in order to be in compliance with the Immigration. If you do not update your addresses we will not be able to register your record with SEVIS and you will be jeopardizing your Immigration requirements to comply with reporting changes of addresses while you are here in the USA and at Syracuse University.

You must always provide a current physical address to the SCIS in order to keep your SEVIS registration current and to maintain your lawful status. You have 10 days to inform the SCIS of any address changes or you are in violation of your status. [http://international.syr.edu/address_update_opt.htm](http://international.syr.edu/address_update_opt.htm)

NEW SCIS Seminars

Starting October 1st due to numerous student requests the SCIS has changed the Seminar times and dates. We hope that this extra service will meet the needs of students who are traveling, seeking on campus employment or applying for practical training. Seminars begin promptly at time indicated below.

**Practical Training:**
- 1st and 3rd Wednesday of each month @ 3:00pm
- 2nd Friday of each month @ 3:45pm

**Special Practical Training Seminar** will be held on December 6th @ 5p.m

**Travel Abroad and Within the US Information:**
- Every 1st and 3rd Wednesday of each month @1:30pm and every Friday @ 12p.m.
- On Campus Employment:
  - Tuesday 2:00pm
  - Friday 9:30am
- Life after Practical Training:
  - 1st Monday and Thursday of each month at 2:00pm

Full-time Course of Study

**NOTE:** For Syracuse University F-1 students, a full-time course load is required during the Fall and Spring semesters. Full time enrollment means Graduate students must enroll for at least 9 credits every semester. Undergraduate students must register for at least 12 credits every semester. Students are not required to enroll in courses during the Summer. However, if summer session is your first semester then you must maintain full time enrollment of at least 6 credits for that summer session.

Under Federal Immigration Rules, to maintain F-1 status, no more than 3 online credits per semester may count towards the "full course of study" requirement. For example, a graduate student required to register for 9 credits per semester to maintain full time status can take only 3 of those credits through an on-line class each semester. **6 credits must be live, in classroom courses.**

However, an F-1 student can take as many on-line or distance education as they wish (with SCIS's approval) during the Summer or over Winter break.

If it is your last semester and fewer than 12 credits are required to graduate for undergrads and 9 credits for grads; it is acceptable to carry only those credits required to complete your degree. If a student needs less than a full course load in the final semester to finish his/her degree, the course(s) cannot be taken solely online or as distance education. You must be enrolled in a live, in classroom course during your last semester.

Students considering on-line courses or courses at a different institution should first discuss the plan with an SCIS advisor. It is necessary to maintain valid F-1 status at all times.

**If you are taking less than 9 credits this semester you must fill out a Certificate of Full-Time Status** [http://international.syr.edu/full_time_status_certification_Jan04.pdf](http://international.syr.edu/full_time_status_certification_Jan04.pdf)
If this is your last semester you will have to fill out the Last Semester Memo
http://international.syr.edu/

Are You Employed This Semester?
Here's an Important Tax Tip for F-1s and J-1s!

If you are an international student in F-1 or J-1 status who is working on campus for Fall 2010, have you examined your paychecks carefully? Here is some important information for you. The information that comes with your paycheck may show that both federal and state income tax (or just federal income tax) are being withheld from your paycheck. This is correct, since students in F-1 or J-1 status do pay federal and state income taxes on money they earn through on-campus employment. However, if your paycheck information shows that social security tax and/or Medicare tax are being withheld from your paycheck, this may be an error! F-1 or J-1 students who have been in the United States in F-1 or J-1 status for five years or less do not have to pay social security or Medicare tax on employment earnings authorized by federal Immigration regulations, including on-campus employment. So, if you believe a mistake has been made, speak with someone in the appropriate payroll office, and have your pay stub with you. You are entitled to a refund of any social security or Medicare tax incorrectly withheld.

The rules are explained in IRS Publication 519: US Tax Guide for Aliens. To access a copy, go to: http://www.irs.gov/pub/irs-pdf/p519.pdf You need print only pages 1, 54 and 55

Keeping Good Rental Records

Lack of knowledge regarding leases or other rental agreements can cause a variety of problems. By keeping records of rental repair requests, security deposit disputes, and other important issues related to rental agreements, you can alleviate many of these types of problems. The most frustrating problems occur when the tenant cannot document their grievances. To prevent this, start a rental file as soon as you sign the lease and add to it throughout your lease term. A rental file is easy to keep, considering the money you may recover through rental modification or qualifying for full return on your security deposit. If a rental problem arises, it is easier to negotiate a solution with the landlord when you have written records that show the extent of the problem, what you asked the landlord to do about it, and how the landlord responded.

Your Rental File Should Hold:

A Rental Log
Use a simple notebook to write all dates and times you contacted or tried to contact your landlord; make a note of any discussion. Logs are a useful permanent record of how the landlord did or did not respond to problems.

Apartment Condition Checklist
This is proof of the condition of the apartment when you move in and out. Keep a copy and send the original to the landlord by certified mail and return receipt.

Correspondence With Your Landlord
Make any complaints or concerns in writing and keep copies on file. All verbal requests should be followed up in writing with copies in your file.

Reports
Keep copies of the Certificate of Suitability, building inspection reports, police reports, and any other reports from other agencies.

Photographs
Photos may be the evidence you need to document a repair or security deposit problem. Photos should be dated and signed by a witness.

Off-Campus Housing 101

It is that time of year: time to begin looking for off-campus housing for the 2011-12 academic year! The rental season begins very early in Syracuse, but that does not mean that you have to sign a lease right now; you should not rush to sign a lease and should learn about off-campus housing prior to making the decision to move off-campus. A lease should not be signed until the property has been researched, roommates are confirmed, and the lease has been reviewed by Student Legal Services. There are a number of rental units available in the University area and one of the best sources for advice and information about off-campus housing are friends and classmates. Another good place to search is Orange Housing. Orange Housing maintains a web site of apartment offerings in the neighborhoods adjacent to campus. The Orange Housing website is www.orangehousing.com. It is important to keep in mind that this local company is not affiliated with Syracuse University or SUNY ESF and there are absolutely no guarantees about the quality and reliability of the information posted on the website. Orange Housing also offers roommate searches, sublet listings, and information relevant to apartment hunters. Apartment listings can also be found in the Daily Orange and at www.apartmentfinder.com.

Your first step in your apartment search is determining your needs. Important considerations include:
- Distance from campus
- How much you can afford for rent and utilities
- On or off-street parking
- Number of roommates
- Furnished or non-furnished apartment
- Length of lease
- Pets

Once you have determined your needs you will want to view two or more rentals that meet your criteria. Check out each apartment thoroughly; don’t be afraid to test faucets, doorknobs, etc. and make sure you are satisfied with the safety features available (window locks, security lights, etc.). You should talk with the current tenants about the apartment; ask about location and experiences with the landlord. Once you decide on an apartment and have done all needed research, you should have the lease reviewed by
Student Legal Services.

The Office of Off-Campus and Commuter Services (OCCS) is a resource that you should also utilize in your search for off-campus housing. OCCS staff will assist you in your search by educating you on what is needed to have a successful off-campus living experience. OCCS is available for in-person assistance at 754 Ostrom Avenue, via phone at 315-443-5489, online at offcampus.syr.edu, via email at offcampus@syr.edu

**Apartment Safety Tips**

Burglars strike in any neighborhood. They are opportunistic and always look for such easy targets as homes that are left open, not well maintained, out of eyesight or earshot of neighbors, or obscured by landscaping or fencing. The best way to minimize your chances of becoming a victim is to take sensible precautions.

The following tips offered by the City of Syracuse Police Department are designed to help you reduce your chances of becoming a victim of crime. You may already be aware of some strategies, but others may be new to you. Remember to trust your instincts and use common sense. Do not let yourself become a victim of a crime!

**Before Renting an Apartment**

Survey the residence for the following security features:

- Does the apartment have metal or solid core wooden entry and exit doors? Are these doors equipped with deadbolts? Are the locks mounted securely? Have the doors been re-keyed since the last tenant moved out?
- Can visitors be observed without opening the apartment door either through a door peephole viewer or window?
- Does any outside vegetation block doors or windows from public view? Does the vegetation provide places or concealment at entrances or along walkways?
- Is there adequate lighting at the building entry doors and along walkways? Are the outer doors kept locked at all times?

**In Your Apartment**

- Keep your doors locked at all times, especially when you are alone, sleeping, or the apartment is unoccupied (even if only for a few moments).
- Determine who is on the other side of the door before opening it. Have repair or service personnel show official identification and confirm their presence with the person requesting the service. Delivery persons should remain outside to await the person requesting the delivery.
- If you return home and something looks questionable (e.g., a slit screen, broken window, or open door) do not go inside. Call the Syracuse Police Department from a safe location.
- Be sure you have blinds or curtains on your windows to discourage window peepers. Always keep your windows covered at night and leave lights on in two or more rooms.
- Make a list of your valuables and record any serial numbers.
- Be sure all outdoor lighting fixtures are in working condition. Ask your landlord to make immediate repairs.
- Place items of value out of sight and in locked areas. Do not leave valuables unattended in such common areas as laundry rooms and lounges.
- Ask your landlord to maintain and trim shrubbery.

**Getting Repairs Made in Your Apartment**

As a tenant, you are entitled to a livable, safe and sanitary apartment. Failure to provide heat or hot water on a regular basis or to rid an apartment of insect infestation is an example of a violation of this entitlement.

All landlords are required to maintain electrical, plumbing, sanitary, heating and ventilating systems in good working order. Landlords of buildings with three or more apartments must keep apartments and public areas in good repair. Landlords also have a duty to keep every part of a dwelling clean and free of vermin, dirt, garbage, and other offensive material.

All landlords in the City of Syracuse must maintain their premises in accordance with Syracuse Property Code. The Housing Complaint section of the Division of Code Enforcement enforces the City Code by responding to reports and complaints about housing maintenance, overgrown yards, trash and debris and disabled vehicles on private property. In addition they work with other agencies to improve residential neighborhoods.

If you have a complaint concerning the habitability or repair of your apartment, contact the Syracuse Division of Code Enforcement at (315) 448-8695.

If you have any questions you can call our office at 443-5489.

**Landlord Information Sharing Program**

The Landlord Information Sharing Program (LISP) is designed to provide students with a method for communicating with each other from year to year about their rental housing challenges and successes.

**Process**

Any Syracuse University or SUNY ESF student can fill out a Comment Form found on our web site at offcampus.syr.edu or in our office at 754 Ostrom Avenue. Students must clearly explain their concerns or issues in the form provided or by attaching a separate typed letter. They must use facts to describe the situation that is the basis for their documentation; they cannot simply provide an opinion of their landlord with no supporting factual basis.
OCCS staff would also like to hear about any positive interactions that students might have with their landlords. If students have positive experiences that they would like us or other students to know about, they should send us a letter clearly explaining the interaction, using facts to describe the situation; they should not simply provide an opinion of their landlord with no supporting factual basis.

**What happens when a Comment Form is filed?**

OCCS staff will review all completed Comment Forms. If any include unprofessional language or are not appropriate to share with other students, it will be returned to the student with a letter explaining why. OCCS staff will forward a copy of the submitted Comment Form to the student's landlord. The landlord may respond to the concerns or issues directly or may respond by sending a letter to the OCCS. If the OCCS receives a response, a copy will be mailed to the student. OCCS staff will keep a copy of all Comment Forms and landlord responses in our office at 754 Ostrom Avenue. All names, contact information, and any other identifying information will be redacted from the Comment Forms and responses. Other SU/SUNY ESF students will be able to view your Comment Form and your landlord's response when they are searching for off-campus housing.

We encourage students viewing the landlord files to consider not only the number and type of concerns or issues raised, but the landlord's responses to them. Please note that the views expressed in these materials are solely those of students and local property owners and not those of Syracuse University.

Sometimes your landlord may not respond to your concerns or issues, or may respond unfavorably. OCCS staff will work with you throughout the process to seek to accomplish a resolution to your problem. When appropriate, OCCS staff will refer you to agencies that are better able to assist you, such as the Syracuse Police Department, City of Syracuse Division of Code Enforcement, Conflict Mediation Center, Student Legal Services, etc.

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**Cell phone Offers to SU International Students**

- 18% off for Syracuse University Students use Discount Code 2386165
- World Phones available
- Exclusive provider of the Apple iPhone & BlackBerry TORCH
- Competitive domestic and international plans available
- Only domestic carrier that offers rollover minutes
- Receive 18% off monthly voice and data plans (not prepaid)
- Text messaging plan discounts available on select phones
  - $2 Off 200 Message Plan - Your Cost $3
  - $5 Off 1500 Message Plan - Your Cost $10
  - $5 Off Unlimited Plan - Your Cost $15
- Offer excludes iPhone Text Messaging Plans
- Prepaid service plans available
- Waived security deposit for one line of service (only available only at Company Owned Retail Stores, not available online or at Authorized Dealers.)
- Prices reflect 18% Syracuse University Student Discount Code 2386165
- Rates apply to calls made from within the U.S., Puerto Rico and U.S Virgin Islands
- Convenient and affordable calling from the U.S to over 220 countries
- International Roaming agreements in over 100 countries, rates vary
- For more details on International Roaming, see [www.att.com/international](http://www.att.com/international)

**T-Mobile** also offers prepaid Pay-As-You-Go plans. Which are designed for single subscribers (no family plans) who are in the USA for only a couple of years. For further details please check the following website [http://www.t-mobile.com/shop/plans/prepaid-plans.aspx](http://www.t-mobile.com/shop/plans/prepaid-plans.aspx)

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**FY 2010 H1B Updates**

**FY 2011 H-1B Cap Count**

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For more information and latest updates on H1B Visa cap count, please visit the [USCIS](https://www.uscis.gov) website.

**Special Registration (NSEERS)**

Further security checks after initial immigration inspection are typically required for:

© Certain citizens or nationals of Iran, Iraq, Libya, Sudan and Syria, as designated by the DHA Secretary in the Federal Register.
© Males age 16-45 from Afghanistan, Algeria, Bahrain, Bangladesh, Djibouti, Egypt, Eritrea, Indonesia, Jordan, Kuwait, Lebanon, Libya, Malaysia, Morocco, Oman, Pakistan, Qatar, Saudi Arabia, Somalia, Tunisia, the United Arab Emirates, and Yemen

© Foreign nationals of any country may be asked by a U.S. Customs and Border Protection (USCBP) officer to undergo Special Registration if they feel they may be a national security threat.

If you are subject to special registration procedures, it is your responsibility to make certain that your entry and departure is documented by a U.S. Customs and Border Protection (USCBP) inspecting officer, every time you leave and re-enter the U.S. (This may add a significant amount of time onto departure so please plan accordingly).

A helpful reminder of where the pertinent NSEERS registrations may be found at the following airports in the state of New York.


Buffalo Peace Bridge POE, New York;
Cape Vincent POE, New York;
Champlain POE, New York;
Chateaugay POE, New York;
Fort Covington POE, New York;
Heart Island POE, New York;
John F. Kennedy International Airport (JFK), New York;
Lewiston Bridge POE, New York;
Mooers POE, New York;
Niagara Falls, Rainbow Bridge, New York;
Newark International Airport (NEW), New Jersey;
Ogdensburg POE, New York;
Rochester-Ferry Terminal, New York;
Rouses Point POE, New York;
Seaway International Bridge/Massena POE, New York;
Thousand Islands POE, New York;
Trenton Bridge POE, New York

Pedestrian Safety Tips

Stay safe while you’re walking to campus. Here are some tips:

- Use sidewalks and paths whenever possible.
- Use crosswalks, and don’t start walking until you see the “WALK” signal. Walk facing traffic so you can see vehicles as they approach, and they can see you.
- Always walk in groups of three or more!
- Remember, pedestrians only have the right-of-way if a driver sees them! As a driver, it is important to be familiar with pedestrian safety laws. When a pedestrian is crossing at a crosswalk, drivers must wait until the pedestrian has completely crossed the street and has reached the other side safely.
- When making a right-hand turn at a red light, it is important to come to a complete stop and check for pedestrians crossing the street. Also remember there are many No Right on Red turns in the Syracuse University area!

Protect your Property

All your personal belongings are insured against a wide range of losses. The SCIS supports this policy and we encourage every student to have this insurance.

- Laptops, cell phones, jewelry, watches, iPods, cameras, clothes, books, sports equipment, furniture all your stuff is covered. You’re insured for countless types of losses, including theft, vandalism, fire, and accidental damage.
- Worldwide coverage on and off campus (in your apartment, in a foreign country, at home, in storage, or anywhere else they may be).
- Property of the University is covered while in your care
- Buy $4,000 of coverage for less than $94! Also there is up to $20,000 coverage available for an annual premium of only $250.

For more information about our student personal property program, call 1-866-535-0456 and ask for a college specialist to assist you. Or better yet Enroll online! It’s fast and easy. Simply log on to: www.haylor.com/student or send an e-mail to: student@haylor.com

For your safety, please remember...

- On campus after dark, use DPS’ free escort service. Off campus, use SU Home (it’s free); call 315-443-2224 for more information on these services. Additional options are Centro Bus or taxi service.
- Walk, bike or jog in groups of three or more away from bushes, cars and
other objects a suspect could hide behind.

- Look and listen. Headphones and cell phones can create tunnel vision.
- Travel in well-lighted and well-traveled areas.
- Don’t approach strangers or let them get close to you.
- If you think someone is following you, switch directions or cross the street. Go toward an open business or lighted house.
- Have your house or car keys in hand before you reach your door.
- Know where “Blue Light” phones are and how to use them.
- If someone tries to rob you, don’t resist. Give up your property, not your life.
- Try to get a description of the suspect(s) and any associated vehicle and tag number.
- IMMEDIATELY report emergencies or suspicious activities, persons and vehicles.

For SU’s Department of Public Safety, dial 711 on campus or #78 (from a cell phone); for the Syracuse Police Department, dial 911.

Your quick report may help prevent others from becoming victims.

**Fall 2010 Bus Schedule**

Centro is the provider of public transportation in Syracuse and throughout Onondaga, Cayuga and Oswego Counties. Centro operates a system of shuttle routes on campus under contract with Syracuse University. These are regular transit routes which Syracuse University students can board for free. Centro also operates an extensive system of bus routes connecting the Syracuse University campus to points throughout the area. Students may ride free on these routes within certain specified “free fare zones”. If you wish to travel to an area outside of these zones, you must pay a fare.

http://parking.syr.edu/Parking/display.cfm?content_ID=%23%28%29%2A

**QUESTIONS? Contact:**
Parking and Transit Services
621 Skytop Road
- Phone: 315-443-1049
- Web: http://parking.syr.edu

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**Motivational Quotes of the Week:**

Life is just a blank slate, what matters most is what you write on it.
~Christine Frankland

The more you praise and celebrate your life, the more there is in life to celebrate.
~Oprah Winfrey

I’m a great believer in luck, and I find the harder I work the more I have of it.
~Thomas Jefferson

Change happens when the pain of holding on becomes greater than the fear of letting go.
~Spencer Johnson

Happiness always looks small while you hold it in your hands, but let it go, and you learn at once how big and precious it is.
~Maxim Gorky

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**Note:** If you would like to submit a request to publish your news or events in our SCIS Newsletter. Please contact Daniela Baban Hurrle at dbabanhu@syr.edu

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